

Teach First, STEMinism and New Year career-changers public omni – December 2019

Methodology: Savanta ComRes interviewed 2,041 British adults aged 18+ online between 11th and 12th December 2019. Data were weighted to be nationally representative of all British adults by key demographics including age, gender, region and social grade. Savanta ComRes is a member of the British Polling Council and abides by its rules. Full tables at www.comresglobal.com

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For information about commissioning research please contact info@comresglobal.com or call +44 (0)20 7871 8660

To register for Pollwatch, featuring commentary and insight from the Savanta ComRes team, please email: pollwatch@comresglobal.com

STEMinism & New Year Career-Changers Public Research

ONLINE Fieldwork: 11th-12th December 2019

Absolutes/col percents

Table 3
Q5. Which, if any, of the following do you most dread about going back to work after the festive period?
Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.
Base: All respondents
Summary table

| | <u>Being bored</u> | <u>Sitting behind a desk all day</u> | <u>Lack of meaning</u> | <u>Lack of variety</u> | <u>Lack of creativity</u> | <u>Finding your colleagues annoying</u> |
|---|--------------------|--------------------------------------|------------------------|------------------------|---------------------------|---|
| Unweighted base | 2041 | 2041 | 2041 | 2041 | 2041 | 2041 |
| Weighted base | 2041 | 2041 | 2041 | 2041 | 2041 | 2041 |
| Dread the most | 127 6% | 167 8% | 102 5% | 48 2% | 55 3% | 71 3% |
| Dread the second most | 107 5% | 73 4% | 100 5% | 93 5% | 74 4% | 67 3% |
| Dread the third most | 94 5% | 51 2% | 78 4% | 102 5% | 74 4% | 60 3% |
| NET: Top 3 | 328 16% | 291 14% | 280 14% | 243 12% | 203 10% | 199 10% |
| Not ranked top 3 | 243 12% | 280 14% | 290 14% | 327 16% | 368 18% | 372 18% |
| None of the above | 198 10% | 198 10% | 198 10% | 198 10% | 198 10% | 198 10% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 320 16% | 320 16% | 320 16% | 320 16% | 320 16% |
| I work over the festive period | 208 10% | 208 10% | 208 10% | 208 10% | 208 10% | 208 10% |
| I am not employed | 745 36% | 745 36% | 745 36% | 745 36% | 745 36% | 745 36% |

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Table 4
Q5. Which, if any, of the following do you most dread about going back to work after the festive period?
Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.
Base: All respondents
Summary table - NET: Top 3

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|--------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Pri- vate |
| Unweighted base | 2041 | 1001 | 1040 | 210 | 366 | 309 | 380 | 302 | 474 | 576 | 689 | 776 | 591 | 558 | 408 | 484 | 309 | 822 |
| Weighted base | 2041 | 996 | 1045 | 226 | 353 | 326 | 361 | 302 | 472 | 579 | 688 | 774 | 557 | 574 | 414 | 496 | 330 | 848 |
| NET: Dreads going back to work | 571 28% | 323 32% | 247 24% | 97 43% | 157 44% | 124 38% | 128 35% | 47 16% | 18 4% | 254 44% | 252 37% | 65 8% | 181 33% | 184 32% | 120 29% | 85 17% | 149 45% | 380 45% |
| Being bored | 328 16% | 190 19% | 137 13% | 61 27% | 96 27% | 69 21% | 68 19% | 24 8% | 10 2% | 157 27% | 137 20% | 34 4% | 114 20% | 104 18% | 69 17% | 41 8% | 76 23% | 225 26% |
| Sitting behind a desk all day | 291 14% | 150 15% | 141 13% | 54 24% | 84 24% | 55 17% | 66 18% | 24 8% | 7 2% | 137 24% | 122 18% | 31 4% | 95 17% | 117 20% | 50 12% | 29 6% | 81 25% | 187 22% |
| Lack of meaning | 280 14% | 163 16% | 118 11% | 42 18% | 76 21% | 64 20% | 62 17% | 26 9% | 11 2% | 118 20% | 126 18% | 36 5% | 86 15% | 96 17% | 52 13% | 47 9% | 75 23% | 183 22% |
| Lack of variety | 243 12% | 132 13% | 111 11% | 42 19% | 59 17% | 54 17% | 59 16% | 20 7% | 9 2% | 101 17% | 113 16% | 29 4% | 66 12% | 70 12% | 65 16% | 42 8% | 68 20% | 157 18% |
| Lack of creativity | 203 10% | 123 12% | 80 8% | 37 16% | 55 16% | 42 13% | 41 11% | 18 6% | 9 2% | 92 16% | 83 12% | 28 4% | 67 12% | 52 9% | 50 12% | 34 7% | 54 16% | 137 16% |
| Finding your colleagues annoying | 199 10% | 118 12% | 80 8% | 19 8% | 57 16% | 45 14% | 48 13% | 21 7% | 8 2% | 76 13% | 94 14% | 29 4% | 67 12% | 52 9% | 45 11% | 35 7% | 56 17% | 126 15% |
| None of the above | 198 10% | 94 9% | 104 10% | 22 10% | 42 12% | 39 12% | 39 11% | 34 11% | 23 5% | 64 11% | 78 11% | 56 7% | 56 10% | 56 10% | 52 12% | 35 7% | 46 14% | 113 13% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 185 19% | 135 13% | 27 12% | 54 15% | 59 18% | 83 23% | 66 22% | 30 6% | 81 14% | 142 21% | 96 12% | 93 17% | 98 17% | 73 18% | 56 11% | 68 20% | 222 26% |
| I work over the festive period | 208 10% | 93 9% | 114 11% | 33 14% | 52 15% | 38 12% | 46 13% | 22 7% | 17 4% | 84 15% | 84 12% | 39 5% | 51 9% | 58 10% | 54 13% | 44 9% | 67 20% | 128 15% |
| I am not employed | 745 36% | 301 30% | 444 42% | 48 21% | 48 14% | 66 20% | 65 18% | 133 44% | 384 81% | 96 17% | 131 19% | 517 67% | 175 31% | 178 31% | 115 28% | 276 56% | - | 6 1% |

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Table 5
Q5. Which, if any, of the following do you most dread about going back to work after the festive period?
Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.
Base: All respondents
Summary table - NET: Top 3

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|------------|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 2041 | 1772 | 177 | 92 | 83 | 225 | 174 | 196 | 154 | 208 | 261 | 295 | 176 | 1131 | 910 | 696 | 1225 |
| Weighted base | 2041 | 1761 | 178 | 102 | 86 | 235 | 171 | 182 | 149 | 196 | 276 | 286 | 182 | 1178 | 863 | 697 | 1232 |
| NET: Dreads going back to work | 571 28% | 508 29% | 36 20% | 27 26% | 22 26% | 53 22% | 45 26% | 55 30% | 36 24% | 60 31% | 94 34% | 91 32% | 52 28% | 529 45% | 42 5% | 334 48% | 205 17% |
| Being bored | 328 16% | 298 17% | 16 9% | 14 13% | 14 16% | 35 15% | 23 13% | 32 18% | 25 17% | 31 16% | 49 18% | 62 22% | 27 15% | 301 26% | 27 3% | 198 28% | 115 9% |
| Sitting behind a desk all day | 291 14% | 266 15% | 15 8% | 10 10% | 15 17% | 23 10% | 23 13% | 25 14% | 22 15% | 30 16% | 44 16% | 43 15% | 40 22% | 268 23% | 22 3% | 164 23% | 110 9% |
| Lack of meaning | 280 14% | 250 14% | 17 10% | 13 13% | 10 12% | 21 9% | 21 12% | 32 18% | 14 10% | 29 15% | 46 17% | 46 16% | 30 17% | 257 22% | 23 3% | 180 26% | 83 7% |
| Lack of variety | 243 12% | 214 12% | 18 10% | 12 11% | 9 11% | 28 12% | 16 10% | 24 13% | 15 10% | 28 14% | 36 13% | 41 14% | 16 9% | 224 19% | 19 2% | 150 21% | 82 7% |
| Lack of creativity | 203 10% | 178 10% | 19 10% | 6 6% | 6 7% | 16 7% | 18 10% | 21 11% | 8 5% | 27 14% | 42 15% | 29 10% | 12 7% | 191 16% | 11 1% | 125 18% | 65 5% |
| Finding your colleagues annoying | 199 10% | 177 10% | 14 8% | 8 8% | 8 9% | 15 6% | 14 8% | 23 13% | 12 8% | 24 12% | 33 12% | 34 12% | 14 8% | 182 15% | 17 2% | 115 16% | 76 6% |
| None of the above | 198 10% | 167 9% | 22 12% | 10 10% | 9 10% | 25 11% | 19 11% | 18 10% | 12 8% | 21 10% | 26 9% | 25 9% | 14 7% | 159 13% | 40 5% | 60 9% | 120 10% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 279 16% | 26 15% | 15 15% | 18 21% | 47 20% | 27 16% | 15 8% | 22 15% | 32 16% | 51 18% | 37 13% | 30 17% | 290 25% | 30 3% | 99 14% | 212 17% |
| I work over the festive period | 208 10% | 161 9% | 30 17% | 17 17% | 7 8% | 21 9% | 20 11% | 15 8% | 13 9% | 13 6% | 28 10% | 29 10% | 15 8% | 195 17% | 13 1% | 87 12% | 107 9% |
| I am not employed | 745 36% | 647 37% | 64 36% | 34 33% | 30 35% | 90 38% | 61 35% | 79 43% | 67 45% | 71 36% | 77 28% | 103 36% | 71 39% | 6 * | 739 86% | 117 17% | 588 48% |

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Table 6
Q5. Which, if any, of the following do you most dread about going back to work after the festive period?
Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.
Base: All respondents
Lack of variety

| | Gender | | | Age | | | | | | | Social Grade | | | | Employment Sector | | | |
|---|------------|------------|------------|-----------|-----------|-----------|-----------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|-----------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 2041 | 1001 | 1040 | 210 | 366 | 309 | 380 | 302 | 474 | 576 | 689 | 776 | 591 | 558 | 408 | 484 | 309 | 822 |
| Weighted base | 2041 | 996 | 1045 | 226 | 353 | 326 | 361 | 302 | 472 | 579 | 688 | 774 | 557 | 574 | 414 | 496 | 330 | 848 |
| Dread the most | 48 2% | 20 2% | 28 3% | 15 7% | 11 3% | 8 3% | 9 3% | 3 1% | 1 * | 26 5% | 18 3% | 4 1% | 11 2% | 8 1% | 16 4% | 13 3% | 10 3% | 34 4% |
| Dread the second most | 93 5% | 54 5% | 40 4% | 11 5% | 21 6% | 22 7% | 29 8% | 9 3% | 2 * | 32 6% | 50 7% | 11 1% | 24 4% | 32 6% | 23 6% | 14 3% | 28 8% | 62 7% |
| Dread the third most | 102 5% | 58 6% | 43 4% | 17 7% | 26 7% | 24 7% | 21 6% | 8 3% | 6 1% | 43 7% | 45 7% | 14 2% | 31 6% | 29 5% | 26 6% | 16 3% | 30 9% | 61 7% |
| NET: Top 3 | 243 12% | 132 13% | 111 11% | 42 19% | 59 17% | 54 17% | 59 16% | 20 7% | 9 2% | 101 17% | 113 16% | 29 4% | 66 12% | 70 12% | 65 16% | 42 8% | 68 20% | 157 18% |
| Not ranked top 3 | 327 16% | 191 19% | 136 13% | 54 24% | 98 28% | 70 21% | 69 19% | 27 9% | 9 2% | 152 26% | 139 20% | 36 5% | 116 21% | 114 20% | 55 13% | 43 9% | 82 25% | 223 26% |
| None of the above | 198 10% | 94 9% | 104 10% | 22 10% | 42 12% | 39 12% | 39 11% | 34 11% | 23 5% | 64 11% | 78 11% | 56 7% | 56 10% | 56 10% | 52 12% | 35 7% | 46 14% | 113 13% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 185 19% | 135 13% | 27 12% | 54 15% | 59 18% | 83 23% | 66 22% | 30 6% | 81 14% | 142 21% | 96 12% | 93 17% | 98 17% | 73 18% | 56 11% | 68 20% | 222 26% |
| I work over the festive period | 208 10% | 93 9% | 114 11% | 33 14% | 52 15% | 38 12% | 46 13% | 22 7% | 17 4% | 84 15% | 84 12% | 39 5% | 51 9% | 58 10% | 54 13% | 44 9% | 67 20% | 128 15% |
| I am not employed | 745 36% | 301 30% | 444 42% | 48 21% | 48 14% | 66 20% | 65 18% | 133 44% | 384 81% | 96 17% | 131 19% | 517 67% | 175 31% | 178 31% | 115 28% | 276 56% | - | 6 1% |

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Table 7
Q5. Which, if any, of the following do you most dread about going back to work after the festive period?
Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.
Base: All respondents
Lack of variety

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|------------|--------------|-----------|-----------|------------|------------|--------------------|---------------|---------------|-----------------|-----------|------------|------------|-------------|-------------|---|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humber | West Midlands | East Midlands | East of England | London | South East | South West | Working | Not working | Yes | No |
| Unweighted base | 2041 | 1772 | 177 | 92 | 83 | 225 | 174 | 196 | 154 | 208 | 261 | 295 | 176 | 1131 | 910 | 696 | 1225 |
| Weighted base | 2041 | 1761 | 178 | 102 | 86 | 235 | 171 | 182 | 149 | 196 | 276 | 286 | 182 | 1178 | 863 | 697 | 1232 |
| Dread the most | 48 2% | 40 2% | 4 2% | 5 5% | 1 1% | 5 2% | 4 2% | 7 4% | 1 1% | 4 2% | 7 2% | 10 3% | - - | 44 4% | 4 * | 30 4% | 16 1% |
| Dread the second most | 93 5% | 82 5% | 8 5% | 3 3% | 3 4% | 12 5% | 4 2% | 5 3% | 7 5% | 8 4% | 19 7% | 18 6% | 8 4% | 89 8% | 4 * | 54 8% | 34 3% |
| Dread the third most | 102 5% | 92 5% | 6 3% | 4 4% | 5 6% | 10 4% | 9 5% | 12 7% | 7 4% | 16 8% | 11 4% | 13 5% | 8 5% | 90 8% | 11 1% | 66 9% | 32 3% |
| NET: Top 3 | 243 12% | 214 12% | 18 10% | 12 11% | 9 11% | 28 12% | 16 10% | 24 13% | 15 10% | 28 14% | 36 13% | 41 14% | 16 9% | 224 19% | 19 2% | 150 21% | 82 7% |
| Not ranked top 3 | 327 16% | 294 17% | 19 10% | 15 15% | 13 15% | 25 11% | 28 17% | 31 17% | 21 14% | 33 17% | 58 21% | 50 18% | 36 20% | 305 26% | 23 3% | 185 27% | 123 10% |
| None of the above | 198 10% | 167 9% | 22 12% | 10 10% | 9 10% | 25 11% | 19 11% | 18 10% | 12 8% | 21 10% | 26 9% | 25 9% | 14 7% | 159 13% | 40 5% | 60 9% | 120 10% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 279 16% | 26 15% | 15 15% | 18 21% | 47 20% | 27 16% | 15 8% | 22 15% | 32 16% | 51 18% | 37 13% | 30 17% | 290 25% | 30 3% | 99 14% | 212 17% |
| I work over the festive period | 208 10% | 161 9% | 30 17% | 17 17% | 7 8% | 21 9% | 20 11% | 15 8% | 13 9% | 13 6% | 28 10% | 29 10% | 15 8% | 195 17% | 13 1% | 87 12% | 107 9% |
| I am not employed | 745 36% | 647 37% | 64 36% | 34 33% | 30 35% | 90 38% | 61 35% | 79 43% | 67 45% | 71 36% | 77 28% | 103 36% | 71 39% | 6 * | 739 86% | 117 17% | 588 48% |

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Table 8
Q5. Which, if any, of the following do you most dread about going back to work after the festive period?
Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.
Base: All respondents
Finding your colleagues annoying

| | Gender | | | Age | | | | | | | Social Grade | | | | Employment Sector | | | |
|---|------------|------------|------------|-----------|------------|-----------|-----------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|-----------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 2041 | 1001 | 1040 | 210 | 366 | 309 | 380 | 302 | 474 | 576 | 689 | 776 | 591 | 558 | 408 | 484 | 309 | 822 |
| Weighted base | 2041 | 996 | 1045 | 226 | 353 | 326 | 361 | 302 | 472 | 579 | 688 | 774 | 557 | 574 | 414 | 496 | 330 | 848 |
| Dread the most | 71 3% | 46 5% | 25 2% | 2 1% | 17 5% | 15 4% | 24 7% | 9 3% | 5 1% | 19 3% | 38 6% | 14 2% | 22 4% | 20 4% | 15 4% | 14 3% | 27 8% | 39 5% |
| Dread the second most | 67 3% | 38 4% | 29 3% | 12 5% | 21 6% | 12 4% | 15 4% | 6 2% | 1 * | 33 6% | 28 4% | 6 1% | 22 4% | 18 3% | 19 4% | 9 2% | 13 4% | 45 5% |
| Dread the third most | 60 3% | 34 3% | 26 3% | 5 2% | 18 5% | 19 6% | 9 3% | 7 2% | 2 * | 23 4% | 28 4% | 9 1% | 23 4% | 14 2% | 11 3% | 12 2% | 15 5% | 42 5% |
| NET: Top 3 | 199 10% | 118 12% | 80 8% | 19 8% | 57 16% | 45 14% | 48 13% | 21 7% | 8 2% | 76 13% | 94 14% | 29 4% | 67 12% | 52 9% | 45 11% | 35 7% | 56 17% | 126 15% |
| Not ranked top 3 | 372 18% | 205 21% | 167 16% | 77 34% | 100 28% | 78 24% | 80 22% | 26 9% | 10 2% | 178 31% | 158 23% | 36 5% | 114 21% | 132 23% | 76 18% | 50 10% | 94 28% | 254 30% |
| None of the above | 198 10% | 94 9% | 104 10% | 22 10% | 42 12% | 39 12% | 39 11% | 34 11% | 23 5% | 64 11% | 78 11% | 56 7% | 56 10% | 56 10% | 52 12% | 35 7% | 46 14% | 113 13% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 185 19% | 135 13% | 27 12% | 54 15% | 59 18% | 83 23% | 66 22% | 30 6% | 81 14% | 142 21% | 96 12% | 93 17% | 98 17% | 73 18% | 56 11% | 68 20% | 222 26% |
| I work over the festive period | 208 10% | 93 9% | 114 11% | 33 14% | 52 15% | 38 12% | 46 13% | 22 7% | 17 4% | 84 15% | 84 12% | 39 5% | 51 9% | 58 10% | 54 13% | 44 9% | 67 20% | 128 15% |
| I am not employed | 745 36% | 301 30% | 444 42% | 48 21% | 48 14% | 66 20% | 65 18% | 133 44% | 384 81% | 96 17% | 131 19% | 517 67% | 175 31% | 178 31% | 115 28% | 276 56% | - | 6 1% |

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Base: All respondents
Finding your colleagues annoying

| | Total | Region | | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|------------|--------------|-----------|-----------|------------|------------|--------------------|---------------|---------------|-----------------|-----------|------------|------------|------------|-------------|------------|---|--|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humber | West Midlands | East Midlands | East of England | London | South East | South West | Working | Not working | Yes | No | |
| Unweighted base | 2041 | 1772 | 177 | 92 | 83 | 225 | 174 | 196 | 154 | 208 | 261 | 295 | 176 | 1131 | 910 | 696 | 1225 | |
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| Dread the most | 71 3% | 58 3% | 9 5% | 5 5% | 4 5% | 2 1% | 8 5% | 4 2% | - - | 10 5% | 13 5% | 14 5% | 2 1% | 66 6% | 5 1% | 35 5% | 32 3% | |
| Dread the second most | 67 3% | 60 3% | 4 2% | 3 3% | 3 3% | 6 2% | 4 2% | 12 7% | 9 6% | 6 3% | 9 3% | 9 3% | 3 2% | 58 5% | 9 1% | 46 7% | 19 2% | |
| Dread the third most | 60 3% | 59 3% | 1 1% | 1 1% | 1 1% | 7 3% | 2 1% | 6 4% | 3 2% | 8 4% | 11 4% | 11 4% | 8 4% | 57 5% | 3 * | 34 5% | 25 2% | |
| NET: Top 3 | 199 10% | 177 10% | 14 8% | 8 8% | 8 9% | 15 6% | 14 8% | 23 13% | 12 8% | 24 12% | 33 12% | 34 12% | 14 8% | 182 15% | 17 2% | 115 16% | 76 6% | |
| Not ranked top 3 | 372 18% | 331 19% | 23 13% | 18 18% | 14 17% | 38 16% | 31 18% | 32 18% | 24 16% | 36 19% | 61 22% | 57 20% | 38 21% | 347 29% | 25 3% | 219 31% | 129 10% | |
| None of the above | 198 10% | 167 9% | 22 12% | 10 10% | 9 10% | 25 11% | 19 11% | 18 10% | 12 8% | 21 10% | 26 9% | 25 9% | 14 7% | 159 13% | 40 5% | 60 9% | 120 10% | |
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Base: All respondents

Being bored

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|-----------|-----------|-----------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
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| Dread the most | 127 6% | 79 8% | 48 5% | 24 10% | 40 11% | 25 8% | 26 7% | 8 3% | 4 1% | 64 11% | 51 7% | 12 2% | 45 8% | 31 5% | 34 8% | 18 4% | 24 7% | 92 11% |
| Dread the second most | 107 5% | 57 6% | 50 5% | 24 11% | 29 8% | 21 7% | 19 5% | 8 3% | 5 1% | 53 9% | 41 6% | 13 2% | 36 6% | 36 6% | 19 5% | 17 3% | 25 8% | 73 9% |
| Dread the third most | 94 5% | 54 5% | 40 4% | 13 6% | 27 8% | 22 7% | 23 6% | 8 3% | 1 * | 40 7% | 45 7% | 9 1% | 34 6% | 37 7% | 16 4% | 6 1% | 27 8% | 59 7% |
| NET: Top 3 | 328 16% | 190 19% | 137 13% | 61 27% | 96 27% | 69 21% | 68 19% | 24 8% | 10 2% | 157 27% | 137 20% | 34 4% | 114 20% | 104 18% | 69 17% | 41 8% | 76 23% | 225 26% |
| Not ranked top 3 | 243 12% | 133 13% | 110 11% | 36 16% | 61 17% | 55 17% | 60 17% | 23 8% | 8 2% | 97 17% | 115 17% | 31 4% | 68 12% | 80 14% | 51 12% | 44 9% | 73 22% | 155 18% |
| None of the above | 198 10% | 94 9% | 104 10% | 22 10% | 42 12% | 39 12% | 39 11% | 34 11% | 23 5% | 64 11% | 78 11% | 56 7% | 56 10% | 56 10% | 52 12% | 35 7% | 46 14% | 113 13% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 185 19% | 135 13% | 27 12% | 54 15% | 59 18% | 83 23% | 66 22% | 30 6% | 81 14% | 142 21% | 96 12% | 93 17% | 98 17% | 73 18% | 56 11% | 68 20% | 222 26% |
| I work over the festive period | 208 10% | 93 9% | 114 11% | 33 14% | 52 15% | 38 12% | 46 13% | 22 7% | 17 4% | 84 15% | 84 12% | 39 5% | 51 9% | 58 10% | 54 13% | 44 9% | 67 20% | 128 15% |
| I am not employed | 745 36% | 301 30% | 444 42% | 48 21% | 48 14% | 66 20% | 65 18% | 133 44% | 384 81% | 96 17% | 131 19% | 517 67% | 175 31% | 178 31% | 115 28% | 276 56% | - | 6 1% |

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Absolutes/col percents

Table 11
Q5. Which, if any, of the following do you most dread about going back to work after the festive period?
Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.
Base: All respondents
Being bored

| | Total | Region | | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|------------|--------------|-----------|-----------|------------|------------|--------------------|---------------|---------------|-----------------|-----------|------------|------------|------------|-------------|------------|---|--|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humber | West Midlands | East Midlands | East of England | London | South East | South West | Working | Not working | Yes | No | |
| Unweighted base | 2041 | 1772 | 177 | 92 | 83 | 225 | 174 | 196 | 154 | 208 | 261 | 295 | 176 | 1131 | 910 | 696 | 1225 | |
| Weighted base | 2041 | 1761 | 178 | 102 | 86 | 235 | 171 | 182 | 149 | 196 | 276 | 286 | 182 | 1178 | 863 | 697 | 1232 | |
| Dread the most | 127 6% | 117 7% | 7 4% | 3 3% | 3 4% | 17 7% | 11 6% | 11 6% | 11 7% | 11 5% | 16 6% | 25 9% | 12 7% | 116 10% | 11 1% | 77 11% | 42 3% | |
| Dread the second most | 107 5% | 99 6% | 3 1% | 6 6% | 7 8% | 11 5% | 10 6% | 12 7% | 4 3% | 11 6% | 18 7% | 18 6% | 8 4% | 98 8% | 9 1% | 69 10% | 38 3% | |
| Dread the third most | 94 5% | 83 5% | 6 3% | 5 4% | 4 4% | 8 3% | 2 1% | 9 5% | 11 7% | 9 5% | 15 5% | 19 7% | 7 4% | 87 7% | 7 1% | 52 8% | 35 3% | |
| NET: Top 3 | 328 16% | 298 17% | 16 9% | 14 13% | 14 16% | 35 15% | 23 13% | 32 18% | 25 17% | 31 16% | 49 18% | 62 22% | 27 15% | 301 26% | 27 3% | 198 28% | 115 9% | |
| Not ranked top 3 | 243 12% | 210 12% | 20 11% | 13 13% | 8 10% | 18 8% | 22 13% | 23 13% | 11 7% | 29 15% | 45 16% | 29 10% | 24 13% | 228 19% | 15 2% | 136 19% | 90 7% | |
| None of the above | 198 10% | 167 9% | 22 12% | 10 10% | 9 10% | 25 11% | 19 11% | 18 10% | 12 8% | 21 10% | 26 9% | 25 9% | 14 7% | 159 13% | 40 5% | 60 9% | 120 10% | |
| I don't find it difficult to go back to work after the festive period | 320 16% | 279 16% | 26 15% | 15 15% | 18 21% | 47 20% | 27 16% | 15 8% | 22 15% | 32 16% | 51 18% | 37 13% | 30 17% | 290 25% | 30 3% | 99 14% | 212 17% | |
| I work over the festive period | 208 10% | 161 9% | 30 17% | 17 17% | 7 8% | 21 9% | 20 11% | 15 8% | 13 9% | 13 6% | 28 10% | 29 10% | 15 8% | 195 17% | 13 1% | 87 12% | 107 9% | |
| I am not employed | 745 36% | 647 37% | 64 36% | 34 33% | 30 35% | 90 38% | 61 35% | 79 43% | 67 45% | 71 36% | 77 28% | 103 36% | 71 39% | 6 * | 739 86% | 117 17% | 588 48% | |

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Absolutes/col percents

Table 12

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents

Sitting behind a desk all day

| | Gender | | | Age | | | | | | | Social Grade | | | | Employment Sector | | | |
|---|------------|------------|------------|-----------|-----------|-----------|-----------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|-----------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 2041 | 1001 | 1040 | 210 | 366 | 309 | 380 | 302 | 474 | 576 | 689 | 776 | 591 | 558 | 408 | 484 | 309 | 822 |
| Weighted base | 2041 | 996 | 1045 | 226 | 353 | 326 | 361 | 302 | 472 | 579 | 688 | 774 | 557 | 574 | 414 | 496 | 330 | 848 |
| Dread the most | 167 8% | 86 9% | 81 8% | 29 13% | 42 12% | 37 11% | 41 11% | 13 4% | 3 1% | 71 12% | 78 11% | 17 2% | 53 9% | 72 13% | 28 7% | 14 3% | 45 14% | 112 13% |
| Dread the second most | 73 4% | 38 4% | 35 3% | 8 4% | 28 8% | 13 4% | 15 4% | 7 2% | 2 * | 36 6% | 28 4% | 10 1% | 26 5% | 23 4% | 16 4% | 8 2% | 21 6% | 46 5% |
| Dread the third most | 51 2% | 26 3% | 25 2% | 16 7% | 14 4% | 6 2% | 10 3% | 3 1% | 2 * | 30 5% | 15 2% | 5 1% | 16 3% | 22 4% | 7 2% | 6 1% | 16 5% | 29 3% |
| NET: Top 3 | 291 14% | 150 15% | 141 13% | 54 24% | 84 24% | 55 17% | 66 18% | 24 8% | 7 2% | 137 24% | 122 18% | 31 4% | 95 17% | 117 20% | 50 12% | 29 6% | 81 25% | 187 22% |
| Not ranked top 3 | 280 14% | 173 17% | 107 10% | 43 19% | 73 21% | 68 21% | 62 17% | 23 8% | 11 2% | 116 20% | 130 19% | 34 4% | 86 15% | 67 12% | 70 17% | 57 11% | 68 21% | 193 23% |
| None of the above | 198 10% | 94 9% | 104 10% | 22 10% | 42 12% | 39 12% | 39 11% | 34 11% | 23 5% | 64 11% | 78 11% | 56 7% | 56 10% | 56 10% | 52 12% | 35 7% | 46 14% | 113 13% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 185 19% | 135 13% | 27 12% | 54 15% | 59 18% | 83 23% | 66 22% | 30 6% | 81 14% | 142 21% | 96 12% | 93 17% | 98 17% | 73 18% | 56 11% | 68 20% | 222 26% |
| I work over the festive period | 208 10% | 93 9% | 114 11% | 33 14% | 52 15% | 38 12% | 46 13% | 22 7% | 17 4% | 84 15% | 84 12% | 39 5% | 51 9% | 58 10% | 54 13% | 44 9% | 67 20% | 128 15% |
| I am not employed | 745 36% | 301 30% | 444 42% | 48 21% | 48 14% | 66 20% | 65 18% | 133 44% | 384 81% | 96 17% | 131 19% | 517 67% | 175 31% | 178 31% | 115 28% | 276 56% | - | 6 1% |

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Absolutes/col percents

Table 13

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents

Sitting behind a desk all day

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|------------|--------------|-----------|-----------|------------|------------|--------------------|---------------|---------------|-----------------|-----------|------------|------------|-------------|-------------|---|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humber | West Midlands | East Midlands | East of England | London | South East | South West | Working | Not working | Yes | No |
| Unweighted base | 2041 | 1772 | 177 | 92 | 83 | 225 | 174 | 196 | 154 | 208 | 261 | 295 | 176 | 1131 | 910 | 696 | 1225 |
| Weighted base | 2041 | 1761 | 178 | 102 | 86 | 235 | 171 | 182 | 149 | 196 | 276 | 286 | 182 | 1178 | 863 | 697 | 1232 |
| Dread the most | 167 8% | 149 8% | 9 5% | 8 8% | 9 11% | 16 7% | 14 8% | 14 7% | 14 9% | 12 6% | 25 9% | 22 8% | 23 13% | 157 13% | 10 1% | 86 12% | 71 6% |
| Dread the second most | 73 4% | 69 4% | 4 2% | 1 1% | 3 4% | 6 2% | 3 2% | 7 4% | 5 4% | 11 6% | 10 4% | 11 4% | 11 6% | 67 6% | 6 1% | 39 6% | 28 2% |
| Dread the third most | 51 2% | 48 3% | 2 1% | 1 1% | 2 2% | 1 1% | 5 3% | 4 2% | 3 2% | 7 3% | 9 3% | 11 4% | 5 3% | 45 4% | 6 1% | 38 6% | 11 1% |
| NET: Top 3 | 291 14% | 266 15% | 15 8% | 10 10% | 15 17% | 23 10% | 23 13% | 25 14% | 22 15% | 30 16% | 44 16% | 43 15% | 40 22% | 268 23% | 22 3% | 164 23% | 110 9% |
| Not ranked top 3 | 280 14% | 242 14% | 21 12% | 17 16% | 7 9% | 30 13% | 22 13% | 30 17% | 14 9% | 30 15% | 50 18% | 48 17% | 12 6% | 260 22% | 20 2% | 171 24% | 95 8% |
| None of the above | 198 10% | 167 9% | 22 12% | 10 10% | 9 10% | 25 11% | 19 11% | 18 10% | 12 8% | 21 10% | 26 9% | 25 9% | 14 7% | 159 13% | 40 5% | 60 9% | 120 10% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 279 16% | 26 15% | 15 15% | 18 21% | 47 20% | 27 16% | 15 8% | 22 15% | 32 16% | 51 18% | 37 13% | 30 17% | 290 25% | 30 3% | 99 14% | 212 17% |
| I work over the festive period | 208 10% | 161 9% | 30 17% | 17 17% | 7 8% | 21 9% | 20 11% | 15 8% | 13 9% | 13 6% | 28 10% | 29 10% | 15 8% | 195 17% | 13 1% | 87 12% | 107 9% |
| I am not employed | 745 36% | 647 37% | 64 36% | 34 33% | 30 35% | 90 38% | 61 35% | 79 43% | 67 45% | 71 36% | 77 28% | 103 36% | 71 39% | 6 * | 739 86% | 117 17% | 588 48% |

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Table 14

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents

Lack of meaning

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|-----------|-----------|-----------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 2041 | 1001 | 1040 | 210 | 366 | 309 | 380 | 302 | 474 | 576 | 689 | 776 | 591 | 558 | 408 | 484 | 309 | 822 |
| Weighted base | 2041 | 996 | 1045 | 226 | 353 | 326 | 361 | 302 | 472 | 579 | 688 | 774 | 557 | 574 | 414 | 496 | 330 | 848 |
| Dread the most | 102 5% | 59 6% | 43 4% | 14 6% | 24 7% | 30 9% | 22 6% | 9 3% | 4 1% | 38 7% | 51 7% | 13 2% | 30 5% | 34 6% | 19 4% | 20 4% | 28 9% | 64 8% |
| Dread the second most | 100 5% | 58 6% | 42 4% | 19 8% | 29 8% | 17 5% | 21 6% | 8 3% | 6 1% | 48 8% | 39 6% | 14 2% | 33 6% | 33 6% | 20 5% | 13 3% | 27 8% | 65 8% |
| Dread the third most | 78 4% | 45 5% | 32 3% | 9 4% | 23 7% | 17 5% | 19 5% | 9 3% | 1 * | 32 6% | 36 5% | 9 1% | 22 4% | 28 5% | 13 3% | 14 3% | 19 6% | 54 6% |
| NET: Top 3 | 280 14% | 163 16% | 118 11% | 42 18% | 76 21% | 64 20% | 62 17% | 26 9% | 11 2% | 118 20% | 126 18% | 36 5% | 86 15% | 96 17% | 52 13% | 47 9% | 75 23% | 183 22% |
| Not ranked top 3 | 290 14% | 161 16% | 130 12% | 55 24% | 81 23% | 60 18% | 66 18% | 22 7% | 7 2% | 136 23% | 125 18% | 29 4% | 96 17% | 88 15% | 68 16% | 39 8% | 75 23% | 197 23% |
| None of the above | 198 10% | 94 9% | 104 10% | 22 10% | 42 12% | 39 12% | 39 11% | 34 11% | 23 5% | 64 11% | 78 11% | 56 7% | 56 10% | 56 10% | 52 12% | 35 7% | 46 14% | 113 13% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 185 19% | 135 13% | 27 12% | 54 15% | 59 18% | 83 23% | 66 22% | 30 6% | 81 14% | 142 21% | 96 12% | 93 17% | 98 17% | 73 18% | 56 11% | 68 20% | 222 26% |
| I work over the festive period | 208 10% | 93 9% | 114 11% | 33 14% | 52 15% | 38 12% | 46 13% | 22 7% | 17 4% | 84 15% | 84 12% | 39 5% | 51 9% | 58 10% | 54 13% | 44 9% | 67 20% | 128 15% |
| I am not employed | 745 36% | 301 30% | 444 42% | 48 21% | 48 14% | 66 20% | 65 18% | 133 44% | 384 81% | 96 17% | 131 19% | 517 67% | 175 31% | 178 31% | 115 28% | 276 56% | - | 6 1% |

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Table 15

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents

Lack of meaning

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|------------|--------------|-----------|-----------|------------|------------|--------------------|---------------|---------------|-----------------|-----------|------------|------------|-------------|-------------|---|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humber | West Midlands | East Midlands | East of England | London | South East | South West | Working | Not working | Yes | No |
| Unweighted base | 2041 | 1772 | 177 | 92 | 83 | 225 | 174 | 196 | 154 | 208 | 261 | 295 | 176 | 1131 | 910 | 696 | 1225 |
| Weighted base | 2041 | 1761 | 178 | 102 | 86 | 235 | 171 | 182 | 149 | 196 | 276 | 286 | 182 | 1178 | 863 | 697 | 1232 |
| Dread the most | 102 5% | 96 5% | 2 1% | 4 4% | 3 4% | 8 3% | 6 4% | 15 8% | 6 4% | 14 7% | 16 6% | 14 5% | 14 7% | 92 8% | 11 1% | 65 9% | 31 3% |
| Dread the second most | 100 5% | 85 5% | 8 5% | 7 7% | 3 4% | 6 2% | 9 5% | 8 4% | 6 4% | 8 4% | 18 7% | 19 7% | 8 4% | 93 8% | 8 1% | 64 9% | 30 2% |
| Dread the third most | 78 4% | 69 4% | 7 4% | 2 2% | 3 4% | 7 3% | 6 4% | 9 5% | 3 2% | 6 3% | 11 4% | 14 5% | 8 5% | 73 6% | 5 1% | 52 7% | 22 2% |
| NET: Top 3 | 280 14% | 250 14% | 17 10% | 13 13% | 10 12% | 21 9% | 21 12% | 32 18% | 14 10% | 29 15% | 46 17% | 46 16% | 30 17% | 257 22% | 23 3% | 180 26% | 83 7% |
| Not ranked top 3 | 290 14% | 258 15% | 19 11% | 13 13% | 12 14% | 32 14% | 24 14% | 23 13% | 22 14% | 32 16% | 48 18% | 45 16% | 22 12% | 271 23% | 19 2% | 154 22% | 121 10% |
| None of the above | 198 10% | 167 9% | 22 12% | 10 10% | 9 10% | 25 11% | 19 11% | 18 10% | 12 8% | 21 10% | 26 9% | 25 9% | 14 7% | 159 13% | 40 5% | 60 9% | 120 10% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 279 16% | 26 15% | 15 15% | 18 21% | 47 20% | 27 16% | 15 8% | 22 15% | 32 16% | 51 18% | 37 13% | 30 17% | 290 25% | 30 3% | 99 14% | 212 17% |
| I work over the festive period | 208 10% | 161 9% | 30 17% | 17 17% | 7 8% | 21 9% | 20 11% | 15 8% | 13 9% | 13 6% | 28 10% | 29 10% | 15 8% | 195 17% | 13 1% | 87 12% | 107 9% |
| I am not employed | 745 36% | 647 37% | 64 36% | 34 33% | 30 35% | 90 38% | 61 35% | 79 43% | 67 45% | 71 36% | 77 28% | 103 36% | 71 39% | 6 * | 739 86% | 117 17% | 588 48% |

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Table 16

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents

Lack of creativity

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|------------|-----------|-----------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 2041 | 1001 | 1040 | 210 | 366 | 309 | 380 | 302 | 474 | 576 | 689 | 776 | 591 | 558 | 408 | 484 | 309 | 822 |
| Weighted base | 2041 | 996 | 1045 | 226 | 353 | 326 | 361 | 302 | 472 | 579 | 688 | 774 | 557 | 574 | 414 | 496 | 330 | 848 |
| Dread the most | 55 3% | 33 3% | 22 2% | 12 6% | 22 6% | 9 3% | 7 2% | 5 2% | 1 * | 35 6% | 15 2% | 5 1% | 21 4% | 19 3% | 10 2% | 7 1% | 15 5% | 38 5% |
| Dread the second most | 74 4% | 45 4% | 29 3% | 9 4% | 16 5% | 22 7% | 17 5% | 7 2% | 2 * | 25 4% | 39 6% | 9 1% | 22 4% | 22 4% | 16 4% | 14 3% | 22 7% | 47 6% |
| Dread the third most | 74 4% | 45 5% | 29 3% | 15 7% | 17 5% | 11 3% | 17 5% | 7 2% | 6 1% | 32 6% | 28 4% | 13 2% | 24 4% | 12 2% | 25 6% | 13 3% | 17 5% | 52 6% |
| NET: Top 3 | 203 10% | 123 12% | 80 8% | 37 16% | 55 16% | 42 13% | 41 11% | 18 6% | 9 2% | 92 16% | 83 12% | 28 4% | 67 12% | 52 9% | 50 12% | 34 7% | 54 16% | 137 16% |
| Not ranked top 3 | 368 18% | 200 20% | 168 16% | 60 26% | 102 29% | 82 25% | 87 24% | 29 10% | 8 2% | 162 28% | 169 25% | 38 5% | 115 21% | 132 23% | 70 17% | 52 10% | 95 29% | 242 29% |
| None of the above | 198 10% | 94 9% | 104 10% | 22 10% | 42 12% | 39 12% | 39 11% | 34 11% | 23 5% | 64 11% | 78 11% | 56 7% | 56 10% | 56 10% | 52 12% | 35 7% | 46 14% | 113 13% |
| I don't find it difficult to go back to work after the festive period | 320 16% | 185 19% | 135 13% | 27 12% | 54 15% | 59 18% | 83 23% | 66 22% | 30 6% | 81 14% | 142 21% | 96 12% | 93 17% | 98 17% | 73 18% | 56 11% | 68 20% | 222 26% |
| I work over the festive period | 208 10% | 93 9% | 114 11% | 33 14% | 52 15% | 38 12% | 46 13% | 22 7% | 17 4% | 84 15% | 84 12% | 39 5% | 51 9% | 58 10% | 54 13% | 44 9% | 67 20% | 128 15% |
| I am not employed | 745 36% | 301 30% | 444 42% | 48 21% | 48 14% | 66 20% | 65 18% | 133 44% | 384 81% | 96 17% | 131 19% | 517 67% | 175 31% | 178 31% | 115 28% | 276 56% | - | 6 1% |

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Table 17
Q5. Which, if any, of the following do you most dread about going back to work after the festive period?
Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.
Base: All respondents
Lack of creativity

| | Total | Region | | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|------------|------------|--------------|------------|---|--|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No | |
| Unweighted base | 2041 | 1772 | 177 | 92 | 83 | 225 | 174 | 196 | 154 | 208 | 261 | 295 | 176 | 1131 | 910 | 696 | 1225 | |
| Weighted base | 2041 | 1761 | 178 | 102 | 86 | 235 | 171 | 182 | 149 | 196 | 276 | 286 | 182 | 1178 | 863 | 697 | 1232 | |
| Dread the most | 55 3% | 48 3% | 5 3% | 2 2% | 1 1% | 4 2% | 1 1% | 5 3% | 4 3% | 8 4% | 17 6% | 7 2% | * * | 53 5% | 2 * | 42 6% | 12 1% | |
| Dread the second most | 74 4% | 65 4% | 7 4% | 2 2% | 2 2% | 5 2% | 8 5% | 9 5% | 2 1% | 12 6% | 8 3% | 12 4% | 6 4% | 69 6% | 4 1% | 40 6% | 28 2% | |
| Dread the third most | 74 4% | 65 4% | 6 3% | 2 2% | 4 4% | 7 3% | 8 5% | 7 4% | 2 1% | 7 3% | 17 6% | 10 3% | 6 3% | 68 6% | 5 1% | 43 6% | 25 2% | |
| NET: Top 3 | 203 10% | 178 10% | 19 10% | 6 6% | 6 7% | 16 7% | 18 10% | 21 11% | 8 5% | 27 14% | 42 15% | 29 10% | 12 7% | 191 16% | 11 1% | 125 18% | 65 5% | |
| Not ranked top 3 | 368 18% | 330 19% | 18 10% | 21 20% | 16 19% | 36 16% | 27 16% | 35 19% | 28 19% | 34 17% | 52 19% | 62 22% | 39 22% | 338 29% | 30 4% | 209 30% | 140 11% | |
| None of the above | 198 10% | 167 9% | 22 12% | 10 10% | 9 10% | 25 11% | 19 11% | 18 10% | 12 8% | 21 10% | 26 9% | 25 9% | 14 7% | 159 13% | 40 5% | 60 9% | 120 10% | |
| I don't find it difficult to go back to work after the festive period | 320 16% | 279 16% | 26 15% | 15 15% | 18 21% | 47 20% | 27 16% | 15 8% | 22 15% | 32 16% | 51 18% | 37 13% | 30 17% | 290 25% | 30 3% | 99 14% | 212 17% | |
| I work over the festive period | 208 10% | 161 9% | 30 17% | 17 17% | 7 8% | 21 9% | 20 11% | 15 8% | 13 9% | 13 6% | 28 10% | 29 10% | 15 8% | 195 17% | 13 1% | 87 12% | 107 9% | |
| I am not employed | 745 36% | 647 37% | 64 36% | 34 33% | 30 35% | 90 38% | 61 35% | 79 43% | 67 45% | 71 36% | 77 28% | 103 36% | 71 39% | 6 * | 739 86% | 117 17% | 588 48% | |

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Table 18

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Summary table

| | <u>Being bored</u> | <u>Sitting behind a desk all day</u> | <u>Lack of meaning</u> | <u>Lack of variety</u> | <u>Lack of creativity</u> | <u>Finding your colleagues annoying</u> |
|---|--------------------|--------------------------------------|------------------------|------------------------|---------------------------|---|
| Unweighted base | 1058 | 1058 | 1058 | 1058 | 1058 | 1058 |
| Weighted base | 1089 | 1089 | 1089 | 1089 | 1089 | 1089 |
| Dread the most | 127 12% | 167 15% | 102 9% | 48 4% | 55 5% | 71 7% |
| Dread the second most | 107 10% | 73 7% | 100 9% | 93 9% | 74 7% | 67 6% |
| Dread the third most | 94 9% | 51 5% | 78 7% | 102 9% | 74 7% | 60 6% |
| NET: Top 3 | 328 30% | 291 27% | 280 26% | 243 22% | 203 19% | 199 18% |
| Not ranked top 3 | 243 22% | 280 26% | 290 27% | 327 30% | 368 34% | 372 34% |
| None of the above | 198 18% | 198 18% | 198 18% | 198 18% | 198 18% | 198 18% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 320 29% | 320 29% | 320 29% | 320 29% | 320 29% |

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Table 19

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Summary table - NET: Top 3

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|------------|------------|------------|-----------|-----------|------------|------------|-----------|--------------|------------|------------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 1058 | 576 | 482 | 129 | 258 | 204 | 253 | 143 | 71 | 387 | 457 | 214 | 341 | 322 | 230 | 165 | 251 | 687 |
| Weighted base | 1089 | 602 | 487 | 146 | 253 | 222 | 250 | 147 | 71 | 399 | 472 | 218 | 331 | 338 | 245 | 175 | 263 | 715 |
| NET: Dreads going back to work | 571 52% | 323 54% | 247 51% | 97 66% | 157 62% | 124 56% | 128 51% | 47 32% | 18 25% | 254 64% | 252 53% | 65 30% | 181 55% | 184 55% | 120 49% | 85 48% | 149 57% | 380 53% |
| Being bored | 328 30% | 190 32% | 137 28% | 61 42% | 96 38% | 69 31% | 68 27% | 24 16% | 10 14% | 157 39% | 137 29% | 34 16% | 114 34% | 104 31% | 69 28% | 41 23% | 76 29% | 225 31% |
| Sitting behind a desk all day | 291 27% | 150 25% | 141 29% | 54 37% | 84 33% | 55 25% | 66 27% | 24 16% | 7 10% | 137 34% | 122 26% | 31 14% | 95 29% | 117 35% | 50 21% | 29 16% | 81 31% | 187 26% |
| Lack of meaning | 280 26% | 163 27% | 118 24% | 42 29% | 76 30% | 64 29% | 62 25% | 26 17% | 11 15% | 118 30% | 126 27% | 36 17% | 86 26% | 96 28% | 52 21% | 47 27% | 75 28% | 183 26% |
| Lack of variety | 243 22% | 132 22% | 111 23% | 42 29% | 59 23% | 54 24% | 59 24% | 20 14% | 9 13% | 101 25% | 113 24% | 29 13% | 66 20% | 70 21% | 65 27% | 42 24% | 68 26% | 157 22% |
| Lack of creativity | 203 19% | 123 20% | 80 16% | 37 25% | 55 22% | 42 19% | 41 17% | 18 12% | 9 13% | 92 23% | 83 18% | 28 13% | 67 20% | 52 16% | 50 21% | 34 19% | 54 20% | 137 19% |
| Finding your colleagues annoying | 199 18% | 118 20% | 80 17% | 19 13% | 57 22% | 45 20% | 48 19% | 21 15% | 8 11% | 76 19% | 94 20% | 29 13% | 67 20% | 52 15% | 45 18% | 35 20% | 56 21% | 126 18% |
| None of the above | 198 18% | 94 16% | 104 21% | 22 15% | 42 17% | 39 17% | 39 16% | 34 23% | 23 32% | 64 16% | 78 16% | 56 26% | 56 17% | 56 17% | 52 21% | 35 20% | 46 18% | 113 16% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 185 31% | 135 28% | 27 18% | 54 21% | 59 27% | 83 33% | 66 45% | 30 43% | 81 20% | 142 30% | 96 44% | 93 28% | 98 29% | 73 30% | 56 32% | 68 26% | 222 31% |
| I work over the festive period | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| I am not employed | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |

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Table 20

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Summary table - NET: Top 3

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|------------|--------------|-----------|-----------|------------|------------|--------------------|---------------|---------------|-----------------|-----------|------------|------------|-------------|-------------|---|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humber | West Midlands | East Midlands | East of England | London | South East | South West | Working | Not working | Yes | No |
| Unweighted base | 1058 | 927 | 85 | 46 | 47 | 113 | 86 | 92 | 68 | 111 | 165 | 154 | 91 | 938 | 120 | 482 | 518 |
| Weighted base | 1089 | 953 | 84 | 51 | 49 | 124 | 91 | 88 | 69 | 112 | 170 | 153 | 95 | 977 | 111 | 493 | 537 |
| NET: Dreads going back to work | 571 52% | 508 53% | 36 43% | 27 52% | 22 45% | 53 42% | 45 49% | 55 63% | 36 52% | 60 54% | 94 55% | 91 59% | 52 54% | 529 54% | 42 38% | 334 68% | 205 38% |
| Being bored | 328 30% | 298 31% | 16 19% | 14 26% | 14 28% | 35 28% | 23 25% | 32 36% | 25 36% | 31 28% | 49 29% | 62 41% | 27 28% | 301 31% | 27 24% | 198 40% | 115 21% |
| Sitting behind a desk all day | 291 27% | 266 28% | 15 18% | 10 19% | 15 30% | 23 19% | 23 25% | 25 28% | 22 32% | 30 27% | 44 26% | 43 28% | 40 42% | 268 27% | 22 20% | 164 33% | 110 20% |
| Lack of meaning | 280 26% | 250 26% | 17 21% | 13 26% | 10 21% | 21 17% | 21 23% | 32 36% | 14 21% | 29 26% | 46 27% | 46 30% | 30 31% | 257 26% | 23 21% | 180 37% | 83 16% |
| Lack of variety | 243 22% | 214 22% | 18 21% | 12 23% | 9 19% | 28 22% | 16 18% | 24 28% | 15 22% | 28 25% | 36 21% | 41 27% | 16 17% | 224 23% | 19 17% | 150 30% | 82 15% |
| Lack of creativity | 203 19% | 178 19% | 19 22% | 6 12% | 6 12% | 16 13% | 18 19% | 21 23% | 8 11% | 27 24% | 42 25% | 29 19% | 12 13% | 191 20% | 11 10% | 125 25% | 65 12% |
| Finding your colleagues annoying | 199 18% | 177 19% | 14 16% | 8 16% | 8 16% | 15 12% | 14 16% | 23 26% | 12 17% | 24 21% | 33 20% | 34 22% | 14 14% | 182 19% | 17 15% | 115 23% | 76 14% |
| None of the above | 198 18% | 167 17% | 22 26% | 10 19% | 9 18% | 25 20% | 19 21% | 18 20% | 12 17% | 21 18% | 26 15% | 25 16% | 14 14% | 159 16% | 40 36% | 60 12% | 120 22% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 279 29% | 26 31% | 15 29% | 18 37% | 47 38% | 27 30% | 15 17% | 22 31% | 32 28% | 51 30% | 37 24% | 30 32% | 290 30% | 30 27% | 99 20% | 212 39% |
| I work over the festive period | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| I am not employed | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |

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Table 21

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Lack of variety

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 1058 | 576 | 482 | 129 | 258 | 204 | 253 | 143 | 71 | 387 | 457 | 214 | 341 | 322 | 230 | 165 | 251 | 687 |
| Weighted base | 1089 | 602 | 487 | 146 | 253 | 222 | 250 | 147 | 71 | 399 | 472 | 218 | 331 | 338 | 245 | 175 | 263 | 715 |
| Dread the most | 48 4% | 20 3% | 28 6% | 15 10% | 11 4% | 8 4% | 9 4% | 3 2% | 1 1% | 26 7% | 18 4% | 4 2% | 11 3% | 8 3% | 16 6% | 13 7% | 10 4% | 34 5% |
| Dread the second most | 93 9% | 54 9% | 40 8% | 11 7% | 21 8% | 22 10% | 29 11% | 9 6% | 2 3% | 32 8% | 50 11% | 11 5% | 24 7% | 32 10% | 23 10% | 14 8% | 28 11% | 62 9% |
| Dread the third most | 102 9% | 58 10% | 43 9% | 17 11% | 26 10% | 24 11% | 21 8% | 8 5% | 6 9% | 43 11% | 45 9% | 14 6% | 31 9% | 29 9% | 26 11% | 16 9% | 30 11% | 61 8% |
| NET: Top 3 | 243 22% | 132 22% | 111 23% | 42 29% | 59 23% | 54 24% | 59 24% | 20 14% | 9 13% | 101 25% | 113 24% | 29 13% | 66 20% | 70 21% | 65 27% | 42 24% | 68 26% | 157 22% |
| Not ranked top 3 | 327 30% | 191 32% | 136 28% | 54 37% | 98 39% | 70 31% | 69 28% | 27 19% | 9 12% | 152 38% | 139 29% | 36 17% | 116 35% | 114 34% | 55 23% | 43 25% | 82 31% | 223 31% |
| None of the above | 198 18% | 94 16% | 104 21% | 22 15% | 42 17% | 39 17% | 39 16% | 34 23% | 23 32% | 64 16% | 78 16% | 56 26% | 56 17% | 56 17% | 52 21% | 35 20% | 46 18% | 113 16% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 185 31% | 135 28% | 27 18% | 54 21% | 59 27% | 83 33% | 66 45% | 30 43% | 81 20% | 142 30% | 96 44% | 93 28% | 98 29% | 73 30% | 56 32% | 68 26% | 222 31% |

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Table 22

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Lack of variety

| | Total | Region | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | | |
|---|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|-------------|------------|---|------------|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 1058 | 927 | 85 | 46 | 47 | 113 | 86 | 92 | 68 | 111 | 165 | 154 | 91 | 938 | 120 | 482 | 518 |
| Weighted base | 1089 | 953 | 84 | 51 | 49 | 124 | 91 | 88 | 69 | 112 | 170 | 153 | 95 | 977 | 111 | 493 | 537 |
| Dread the most | 48 4% | 40 4% | 4 5% | 5 9% | 1 2% | 5 4% | 4 4% | 7 8% | 1 2% | 4 4% | 7 4% | 10 6% | - | 44 5% | 4 3% | 30 6% | 16 3% |
| Dread the second most | 93 9% | 82 9% | 8 10% | 3 5% | 3 6% | 12 10% | 4 4% | 5 6% | 7 10% | 8 7% | 19 11% | 18 11% | 8 8% | 89 9% | 4 4% | 54 11% | 34 6% |
| Dread the third most | 102 9% | 92 10% | 6 7% | 4 9% | 5 10% | 10 8% | 9 10% | 12 14% | 7 10% | 16 14% | 11 6% | 13 9% | 8 9% | 90 9% | 11 10% | 66 13% | 32 6% |
| NET: Top 3 | 243 22% | 214 22% | 18 21% | 12 23% | 9 19% | 28 22% | 16 18% | 24 28% | 15 22% | 28 25% | 36 21% | 41 27% | 16 17% | 224 23% | 19 17% | 150 30% | 82 15% |
| Not ranked top 3 | 327 30% | 294 31% | 19 22% | 15 29% | 13 26% | 25 20% | 28 31% | 31 35% | 21 30% | 33 29% | 58 34% | 50 33% | 36 37% | 305 31% | 23 20% | 185 37% | 123 23% |
| None of the above | 198 18% | 167 17% | 22 26% | 10 19% | 9 18% | 25 20% | 19 21% | 18 20% | 12 17% | 21 18% | 26 15% | 25 16% | 14 14% | 159 16% | 40 36% | 60 12% | 120 22% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 279 29% | 26 31% | 15 29% | 18 37% | 47 38% | 27 30% | 15 17% | 22 31% | 32 28% | 51 30% | 37 24% | 30 32% | 290 30% | 30 27% | 99 20% | 212 39% |

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Absolutes/col percents

Table 23

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Finding your colleagues annoying

| | Gender | | | Age | | | | | | | Social Grade | | | | Employment Sector | | | |
|---|------------|------------|------------|-----------|------------|-----------|-----------|-----------|-----------|------------|--------------|-----------|------------|------------|-------------------|-----------|-----------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 1058 | 576 | 482 | 129 | 258 | 204 | 253 | 143 | 71 | 387 | 457 | 214 | 341 | 322 | 230 | 165 | 251 | 687 |
| Weighted base | 1089 | 602 | 487 | 146 | 253 | 222 | 250 | 147 | 71 | 399 | 472 | 218 | 331 | 338 | 245 | 175 | 263 | 715 |
| Dread the most | 71 7% | 46 8% | 25 5% | 2 2% | 17 7% | 15 7% | 24 9% | 9 6% | 5 7% | 19 5% | 38 8% | 14 6% | 22 7% | 20 6% | 15 6% | 14 8% | 27 10% | 39 5% |
| Dread the second most | 67 6% | 38 6% | 29 6% | 12 8% | 21 8% | 12 6% | 15 6% | 6 4% | 1 1% | 33 8% | 28 6% | 6 3% | 22 7% | 18 5% | 19 8% | 9 5% | 13 5% | 45 6% |
| Dread the third most | 60 6% | 34 6% | 26 5% | 5 3% | 18 7% | 19 8% | 9 4% | 7 5% | 2 3% | 23 6% | 28 6% | 9 4% | 23 7% | 14 4% | 11 5% | 12 7% | 15 6% | 42 6% |
| NET: Top 3 | 199 18% | 118 20% | 80 17% | 19 13% | 57 22% | 45 20% | 48 19% | 21 15% | 8 11% | 76 19% | 94 20% | 29 13% | 67 20% | 52 15% | 45 18% | 35 20% | 56 21% | 126 18% |
| Not ranked top 3 | 372 34% | 205 34% | 167 34% | 77 53% | 100 40% | 78 35% | 80 32% | 26 18% | 10 15% | 178 45% | 158 33% | 36 17% | 114 35% | 132 39% | 76 31% | 50 29% | 94 36% | 254 36% |
| None of the above | 198 18% | 94 16% | 104 21% | 22 15% | 42 17% | 39 17% | 39 16% | 34 23% | 23 32% | 64 16% | 78 16% | 56 26% | 56 17% | 56 17% | 52 21% | 35 20% | 46 18% | 113 16% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 185 31% | 135 28% | 27 18% | 54 21% | 59 27% | 83 33% | 66 45% | 30 43% | 81 20% | 142 30% | 96 44% | 93 28% | 98 29% | 73 30% | 56 32% | 68 26% | 222 31% |

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Table 24

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Finding your colleagues annoying

| | Total | Region | | | | | | | | | | | | Work Status | Considers looking for a new job in 2020 | | |
|---|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|------------|-------------|---|------------|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 1058 | 927 | 85 | 46 | 47 | 113 | 86 | 92 | 68 | 111 | 165 | 154 | 91 | 938 | 120 | 482 | 518 |
| Weighted base | 1089 | 953 | 84 | 51 | 49 | 124 | 91 | 88 | 69 | 112 | 170 | 153 | 95 | 977 | 111 | 493 | 537 |
| Dread the most | 71 7% | 58 6% | 9 10% | 5 9% | 4 8% | 2 2% | 8 9% | 4 5% | - - | 10 9% | 13 8% | 14 9% | 2 3% | 66 7% | 5 4% | 35 7% | 32 6% |
| Dread the second most | 67 6% | 60 6% | 4 5% | 3 6% | 3 5% | 6 5% | 4 4% | 12 14% | 9 12% | 6 5% | 9 5% | 9 6% | 3 4% | 58 6% | 9 8% | 46 9% | 19 4% |
| Dread the third most | 60 6% | 59 6% | 1 1% | 1 1% | 1 2% | 7 6% | 2 2% | 6 7% | 3 5% | 8 7% | 11 7% | 11 7% | 8 8% | 57 6% | 3 3% | 34 7% | 25 5% |
| NET: Top 3 | 199 18% | 177 19% | 14 16% | 8 16% | 8 16% | 15 12% | 14 16% | 23 26% | 12 17% | 24 21% | 33 20% | 34 22% | 14 14% | 182 19% | 17 15% | 115 23% | 76 14% |
| Not ranked top 3 | 372 34% | 331 35% | 23 27% | 18 36% | 14 30% | 38 30% | 31 33% | 32 37% | 24 34% | 36 32% | 61 36% | 57 37% | 38 40% | 347 36% | 25 22% | 219 45% | 129 24% |
| None of the above | 198 18% | 167 17% | 22 26% | 10 19% | 9 18% | 25 20% | 19 21% | 18 20% | 12 17% | 21 18% | 26 15% | 25 16% | 14 14% | 159 16% | 40 36% | 60 12% | 120 22% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 279 29% | 26 31% | 15 29% | 18 37% | 47 38% | 27 30% | 15 17% | 22 31% | 32 28% | 51 30% | 37 24% | 30 32% | 290 30% | 30 27% | 99 20% | 212 39% |

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Table 25

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Being bored

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 1058 | 576 | 482 | 129 | 258 | 204 | 253 | 143 | 71 | 387 | 457 | 214 | 341 | 322 | 230 | 165 | 251 | 687 |
| Weighted base | 1089 | 602 | 487 | 146 | 253 | 222 | 250 | 147 | 71 | 399 | 472 | 218 | 331 | 338 | 245 | 175 | 263 | 715 |
| Dread the most | 127 12% | 79 13% | 48 10% | 24 16% | 40 16% | 25 11% | 26 10% | 8 5% | 4 6% | 64 16% | 51 11% | 12 6% | 45 13% | 31 9% | 34 14% | 18 10% | 24 9% | 92 13% |
| Dread the second most | 107 10% | 57 9% | 50 10% | 24 17% | 29 11% | 21 10% | 19 8% | 8 6% | 5 6% | 53 13% | 41 9% | 13 6% | 36 11% | 36 11% | 19 8% | 17 10% | 25 10% | 73 10% |
| Dread the third most | 94 9% | 54 9% | 40 8% | 13 9% | 27 11% | 22 10% | 23 9% | 8 5% | 1 1% | 40 10% | 45 10% | 9 4% | 34 10% | 37 11% | 16 7% | 6 4% | 27 10% | 59 8% |
| NET: Top 3 | 328 30% | 190 32% | 137 28% | 61 42% | 96 38% | 69 31% | 68 27% | 24 16% | 10 14% | 157 39% | 137 29% | 34 16% | 114 34% | 104 31% | 69 28% | 41 23% | 76 29% | 225 31% |
| Not ranked top 3 | 243 22% | 133 22% | 110 23% | 36 25% | 61 24% | 55 25% | 60 24% | 23 16% | 8 12% | 97 24% | 115 24% | 31 14% | 68 20% | 80 24% | 51 21% | 44 25% | 73 28% | 155 22% |
| None of the above | 198 18% | 94 16% | 104 21% | 22 15% | 42 17% | 39 17% | 39 16% | 34 23% | 23 32% | 64 16% | 78 16% | 56 26% | 56 17% | 56 17% | 52 21% | 35 20% | 46 18% | 113 16% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 185 31% | 135 28% | 27 18% | 54 21% | 59 27% | 83 33% | 66 45% | 30 43% | 81 20% | 142 30% | 96 44% | 93 28% | 98 29% | 73 30% | 56 32% | 68 26% | 222 31% |

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Table 26

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Being bored

| | Total | Region | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | | |
|---|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|-------------|------------|---|------------|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 1058 | 927 | 85 | 46 | 47 | 113 | 86 | 92 | 68 | 111 | 165 | 154 | 91 | 938 | 120 | 482 | 518 |
| Weighted base | 1089 | 953 | 84 | 51 | 49 | 124 | 91 | 88 | 69 | 112 | 170 | 153 | 95 | 977 | 111 | 493 | 537 |
| Dread the most | 127 12% | 117 12% | 7 9% | 3 6% | 3 6% | 17 14% | 11 12% | 11 12% | 11 16% | 11 9% | 16 10% | 25 17% | 12 13% | 116 12% | 11 10% | 77 16% | 42 8% |
| Dread the second most | 107 10% | 99 10% | 3 3% | 6 12% | 7 14% | 11 9% | 10 11% | 12 14% | 4 5% | 11 10% | 18 11% | 18 12% | 8 8% | 98 10% | 9 8% | 69 14% | 38 7% |
| Dread the third most | 94 9% | 83 9% | 6 7% | 5 9% | 4 7% | 8 6% | 2 2% | 9 10% | 11 15% | 9 8% | 15 9% | 19 12% | 7 8% | 87 9% | 7 6% | 52 11% | 35 6% |
| NET: Top 3 | 328 30% | 298 31% | 16 19% | 14 26% | 14 28% | 35 28% | 23 25% | 32 36% | 25 36% | 31 28% | 49 29% | 62 41% | 27 28% | 301 31% | 27 24% | 198 40% | 115 21% |
| Not ranked top 3 | 243 22% | 210 22% | 20 24% | 13 25% | 8 17% | 18 14% | 22 24% | 23 26% | 11 15% | 29 26% | 45 26% | 29 19% | 24 26% | 228 23% | 15 13% | 136 28% | 90 17% |
| None of the above | 198 18% | 167 17% | 22 26% | 10 19% | 9 18% | 25 20% | 19 21% | 18 20% | 12 17% | 21 18% | 26 15% | 25 16% | 14 14% | 159 16% | 40 36% | 60 12% | 120 22% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 279 29% | 26 31% | 15 29% | 18 37% | 47 38% | 27 30% | 15 17% | 22 31% | 32 28% | 51 30% | 37 24% | 30 32% | 290 30% | 30 27% | 99 20% | 212 39% |

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Absolutes/col percents

Table 27

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Sitting behind a desk all day

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 1058 | 576 | 482 | 129 | 258 | 204 | 253 | 143 | 71 | 387 | 457 | 214 | 341 | 322 | 230 | 165 | 251 | 687 |
| Weighted base | 1089 | 602 | 487 | 146 | 253 | 222 | 250 | 147 | 71 | 399 | 472 | 218 | 331 | 338 | 245 | 175 | 263 | 715 |
| Dread the most | 167 15% | 86 14% | 81 17% | 29 20% | 42 17% | 37 17% | 41 17% | 13 9% | 3 5% | 71 18% | 78 17% | 17 8% | 53 16% | 72 21% | 28 11% | 14 8% | 45 17% | 112 16% |
| Dread the second most | 73 7% | 38 6% | 35 7% | 8 6% | 28 11% | 13 6% | 15 6% | 7 5% | 2 3% | 36 9% | 28 6% | 10 4% | 26 8% | 23 7% | 16 6% | 8 5% | 21 8% | 46 6% |
| Dread the third most | 51 5% | 26 4% | 25 5% | 16 11% | 14 6% | 6 2% | 10 4% | 3 2% | 2 2% | 30 8% | 15 3% | 5 2% | 16 5% | 22 6% | 7 3% | 6 3% | 16 6% | 29 4% |
| NET: Top 3 | 291 27% | 150 25% | 141 29% | 54 37% | 84 33% | 55 25% | 66 27% | 24 16% | 7 10% | 137 34% | 122 26% | 31 14% | 95 29% | 117 35% | 50 21% | 29 16% | 81 31% | 187 26% |
| Not ranked top 3 | 280 26% | 173 29% | 107 22% | 43 30% | 73 29% | 68 31% | 62 25% | 23 16% | 11 15% | 116 29% | 130 28% | 34 16% | 86 26% | 67 20% | 70 29% | 57 32% | 68 26% | 193 27% |
| None of the above | 198 18% | 94 16% | 104 21% | 22 15% | 42 17% | 39 17% | 39 16% | 34 23% | 23 32% | 64 16% | 78 16% | 56 26% | 56 17% | 56 17% | 52 21% | 35 20% | 46 18% | 113 16% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 185 31% | 135 28% | 27 18% | 54 21% | 59 27% | 83 33% | 66 45% | 30 43% | 81 20% | 142 30% | 96 44% | 93 28% | 98 29% | 73 30% | 56 32% | 68 26% | 222 31% |

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Table 28

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Sitting behind a desk all day

| | Total | Region | | | | | | | | | | | | Work Status | Considers looking for a new job in 2020 | | |
|---|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|------------|-------------|---|------------|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 1058 | 927 | 85 | 46 | 47 | 113 | 86 | 92 | 68 | 111 | 165 | 154 | 91 | 938 | 120 | 482 | 518 |
| Weighted base | 1089 | 953 | 84 | 51 | 49 | 124 | 91 | 88 | 69 | 112 | 170 | 153 | 95 | 977 | 111 | 493 | 537 |
| Dread the most | 167 15% | 149 16% | 9 11% | 8 16% | 9 19% | 16 13% | 14 16% | 14 15% | 14 20% | 12 11% | 25 15% | 22 14% | 23 24% | 157 16% | 10 9% | 86 17% | 71 13% |
| Dread the second most | 73 7% | 69 7% | 4 4% | 1 2% | 3 7% | 6 4% | 3 4% | 7 8% | 5 8% | 11 10% | 10 6% | 11 7% | 11 12% | 67 7% | 6 6% | 39 8% | 28 5% |
| Dread the third most | 51 5% | 48 5% | 2 2% | 1 2% | 2 4% | 1 1% | 5 6% | 4 5% | 3 4% | 7 6% | 9 5% | 11 7% | 5 5% | 45 5% | 6 5% | 38 8% | 11 2% |
| NET: Top 3 | 291 27% | 266 28% | 15 18% | 10 19% | 15 30% | 23 19% | 23 25% | 25 28% | 22 32% | 30 27% | 44 26% | 43 28% | 40 42% | 268 27% | 22 20% | 164 33% | 110 20% |
| Not ranked top 3 | 280 26% | 242 25% | 21 26% | 17 33% | 7 15% | 30 24% | 22 24% | 30 34% | 14 20% | 30 27% | 50 29% | 48 31% | 12 12% | 260 27% | 20 18% | 171 35% | 95 18% |
| None of the above | 198 18% | 167 17% | 22 26% | 10 19% | 9 18% | 25 20% | 19 21% | 18 20% | 12 17% | 21 18% | 26 15% | 25 16% | 14 14% | 159 16% | 40 36% | 60 12% | 120 22% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 279 29% | 26 31% | 15 29% | 18 37% | 47 38% | 27 30% | 15 17% | 22 31% | 32 28% | 51 30% | 37 24% | 30 32% | 290 30% | 30 27% | 99 20% | 212 39% |

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Table 29

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Lack of meaning

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|-----------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 1058 | 576 | 482 | 129 | 258 | 204 | 253 | 143 | 71 | 387 | 457 | 214 | 341 | 322 | 230 | 165 | 251 | 687 |
| Weighted base | 1089 | 602 | 487 | 146 | 253 | 222 | 250 | 147 | 71 | 399 | 472 | 218 | 331 | 338 | 245 | 175 | 263 | 715 |
| Dread the most | 102 9% | 59 10% | 43 9% | 14 9% | 24 10% | 30 13% | 22 9% | 9 6% | 4 5% | 38 9% | 51 11% | 13 6% | 30 9% | 34 10% | 19 8% | 20 11% | 28 11% | 64 9% |
| Dread the second most | 100 9% | 58 10% | 42 9% | 19 13% | 29 11% | 17 8% | 21 9% | 8 5% | 6 9% | 48 12% | 39 8% | 14 6% | 33 10% | 33 10% | 20 8% | 13 8% | 27 10% | 65 9% |
| Dread the third most | 78 7% | 45 8% | 32 7% | 9 6% | 23 9% | 17 8% | 19 8% | 9 6% | 1 1% | 32 8% | 36 8% | 9 4% | 22 7% | 28 8% | 13 5% | 14 8% | 19 7% | 54 8% |
| NET: Top 3 | 280 26% | 163 27% | 118 24% | 42 29% | 76 30% | 64 29% | 62 25% | 26 17% | 11 15% | 118 30% | 126 27% | 36 17% | 86 26% | 96 28% | 52 21% | 47 27% | 75 28% | 183 26% |
| Not ranked top 3 | 290 27% | 161 27% | 130 27% | 55 38% | 81 32% | 60 27% | 66 26% | 22 15% | 7 10% | 136 34% | 125 27% | 29 13% | 96 29% | 88 26% | 68 28% | 39 22% | 75 28% | 197 28% |
| None of the above | 198 18% | 94 16% | 104 21% | 22 15% | 42 17% | 39 17% | 39 16% | 34 23% | 23 32% | 64 16% | 78 16% | 56 26% | 56 17% | 56 17% | 52 21% | 35 20% | 46 18% | 113 16% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 185 31% | 135 28% | 27 18% | 54 21% | 59 27% | 83 33% | 66 45% | 30 43% | 81 20% | 142 30% | 96 44% | 93 28% | 98 29% | 73 30% | 56 32% | 68 26% | 222 31% |

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Table 30

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Lack of meaning

| | Total | Region | | | | | | | | | | | Work Status | Considers looking for a new job in 2020 | | | |
|---|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|-------------|---|--------------|------------|------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 1058 | 927 | 85 | 46 | 47 | 113 | 86 | 92 | 68 | 111 | 165 | 154 | 91 | 938 | 120 | 482 | 518 |
| Weighted base | 1089 | 953 | 84 | 51 | 49 | 124 | 91 | 88 | 69 | 112 | 170 | 153 | 95 | 977 | 111 | 493 | 537 |
| Dread the most | 102 9% | 96 10% | 2 3% | 4 8% | 3 7% | 8 7% | 6 7% | 15 17% | 6 8% | 14 13% | 16 10% | 14 9% | 14 14% | 92 9% | 11 9% | 65 13% | 31 6% |
| Dread the second most | 100 9% | 85 9% | 8 10% | 7 14% | 3 7% | 6 5% | 9 10% | 8 9% | 6 8% | 8 7% | 18 11% | 19 12% | 8 8% | 93 9% | 8 7% | 64 13% | 30 6% |
| Dread the third most | 78 7% | 69 7% | 7 8% | 2 4% | 3 7% | 7 5% | 6 7% | 9 11% | 3 5% | 6 6% | 11 7% | 14 9% | 8 9% | 73 7% | 5 4% | 52 11% | 22 4% |
| NET: Top 3 | 280 26% | 250 26% | 17 21% | 13 26% | 10 21% | 21 17% | 21 23% | 32 36% | 14 21% | 29 26% | 46 27% | 46 30% | 30 31% | 257 26% | 23 21% | 180 37% | 83 16% |
| Not ranked top 3 | 290 27% | 258 27% | 19 22% | 13 26% | 12 24% | 32 26% | 24 26% | 23 26% | 22 31% | 32 28% | 48 28% | 45 29% | 22 23% | 271 28% | 19 17% | 154 31% | 121 23% |
| None of the above | 198 18% | 167 17% | 22 26% | 10 19% | 9 18% | 25 20% | 19 21% | 18 20% | 12 17% | 21 18% | 26 15% | 25 16% | 14 14% | 159 16% | 40 36% | 60 12% | 120 22% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 279 29% | 26 31% | 15 29% | 18 37% | 47 38% | 27 30% | 15 17% | 22 31% | 32 28% | 51 30% | 37 24% | 30 32% | 290 30% | 30 27% | 99 20% | 212 39% |

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Table 31

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Lack of creativity

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|------------|------------|------------|-----------|------------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 1058 | 576 | 482 | 129 | 258 | 204 | 253 | 143 | 71 | 387 | 457 | 214 | 341 | 322 | 230 | 165 | 251 | 687 |
| Weighted base | 1089 | 602 | 487 | 146 | 253 | 222 | 250 | 147 | 71 | 399 | 472 | 218 | 331 | 338 | 245 | 175 | 263 | 715 |
| Dread the most | 55 5% | 33 6% | 22 5% | 12 9% | 22 9% | 9 4% | 7 3% | 5 3% | 1 1% | 35 9% | 15 3% | 5 2% | 21 6% | 19 6% | 10 4% | 7 4% | 15 6% | 38 5% |
| Dread the second most | 74 7% | 45 7% | 29 6% | 9 6% | 16 6% | 22 10% | 17 7% | 7 5% | 2 3% | 25 6% | 39 8% | 9 4% | 22 7% | 22 6% | 16 7% | 14 8% | 22 8% | 47 7% |
| Dread the third most | 74 7% | 45 8% | 29 6% | 15 11% | 17 7% | 11 5% | 17 7% | 7 5% | 6 9% | 32 8% | 28 6% | 13 6% | 24 7% | 12 4% | 25 10% | 13 8% | 17 6% | 52 7% |
| NET: Top 3 | 203 19% | 123 20% | 80 16% | 37 25% | 55 22% | 42 19% | 41 17% | 18 12% | 9 13% | 92 23% | 83 18% | 28 13% | 67 20% | 52 16% | 50 21% | 34 19% | 54 20% | 137 19% |
| Not ranked top 3 | 368 34% | 200 33% | 168 34% | 60 41% | 102 40% | 82 37% | 87 35% | 29 20% | 8 12% | 162 41% | 169 36% | 38 17% | 115 35% | 132 39% | 70 29% | 52 29% | 95 36% | 242 34% |
| None of the above | 198 18% | 94 16% | 104 21% | 22 15% | 42 17% | 39 17% | 39 16% | 34 23% | 23 32% | 64 16% | 78 16% | 56 26% | 56 17% | 56 17% | 52 21% | 35 20% | 46 18% | 113 16% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 185 31% | 135 28% | 27 18% | 54 21% | 59 27% | 83 33% | 66 45% | 30 43% | 81 20% | 142 30% | 96 44% | 93 28% | 98 29% | 73 30% | 56 32% | 68 26% | 222 31% |

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Table 32

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed or working over the festive period

Lack of creativity

| | Total | Region | | | | | | | | | | | Work Status | Considers looking for a new job in 2020 | | | |
|---|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|-------------|---|-----------|--------------|------------|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | | South West | Work-ing | Not work-ing | Yes |
| Unweighted base | 1058 | 927 | 85 | 46 | 47 | 113 | 86 | 92 | 68 | 111 | 165 | 154 | 91 | 938 | 120 | 482 | 518 |
| Weighted base | 1089 | 953 | 84 | 51 | 49 | 124 | 91 | 88 | 69 | 112 | 170 | 153 | 95 | 977 | 111 | 493 | 537 |
| Dread the most | 55 5% | 48 5% | 5 6% | 2 4% | 1 2% | 4 4% | 1 1% | 5 5% | 4 6% | 8 7% | 17 10% | 7 4% | * | 53 5% | 2 2% | 42 8% | 12 2% |
| Dread the second most | 74 7% | 65 7% | 7 9% | 2 3% | 2 3% | 5 4% | 8 9% | 9 10% | 2 3% | 12 11% | 8 5% | 12 8% | 6 7% | 69 7% | 4 4% | 40 8% | 28 5% |
| Dread the third most | 74 7% | 65 7% | 6 7% | 2 4% | 4 7% | 7 6% | 8 9% | 7 8% | 2 2% | 7 6% | 17 10% | 10 6% | 6 6% | 68 7% | 5 5% | 43 9% | 25 5% |
| NET: Top 3 | 203 19% | 178 19% | 19 22% | 6 12% | 6 12% | 16 13% | 18 19% | 21 23% | 8 11% | 27 24% | 42 25% | 29 19% | 12 13% | 191 20% | 11 10% | 125 25% | 65 12% |
| Not ranked top 3 | 368 34% | 330 35% | 18 21% | 21 40% | 16 33% | 36 29% | 27 30% | 35 39% | 28 41% | 34 30% | 52 31% | 62 41% | 39 41% | 338 35% | 30 27% | 209 42% | 140 26% |
| None of the above | 198 18% | 167 17% | 22 26% | 10 19% | 9 18% | 25 20% | 19 21% | 18 20% | 12 17% | 21 18% | 26 15% | 25 16% | 14 14% | 159 16% | 40 36% | 60 12% | 120 22% |
| I don't find it difficult to go back to work after the festive period | 320 29% | 279 29% | 26 31% | 15 29% | 18 37% | 47 38% | 27 30% | 15 17% | 22 31% | 32 28% | 51 30% | 37 24% | 30 32% | 290 30% | 30 27% | 99 20% | 212 39% |

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Table 33

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Summary table

| | <u>Being bored</u> | <u>Sitting behind a desk all day</u> | <u>Lack of meaning</u> | <u>Lack of variety</u> | <u>Lack of creativity</u> | <u>Finding your colleagues annoying</u> |
|-----------------------|--------------------|--|------------------------|------------------------|-------------------------------|---|
| Unweighted base | 545 | 545 | 545 | 545 | 545 | 545 |
| Weighted base | 571 | 571 | 571 | 571 | 571 | 571 |
| Dread the most | 127 22% | 167 29% | 102 18% | 48 8% | 55 10% | 71 12% |
| Dread the second most | 107 19% | 73 13% | 100 18% | 93 16% | 74 13% | 67 12% |
| Dread the third most | 94 16% | 51 9% | 78 14% | 102 18% | 74 13% | 60 11% |
| NET: Top 3 | 328 57% | 291 51% | 280 49% | 243 43% | 203 36% | 199 35% |
| Not ranked top 3 | 243 43% | 280 49% | 290 51% | 327 57% | 368 64% | 372 65% |

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Table 34

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Summary table - NET: Top 3

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|--------|------|--------|-------|-------|-------|-------|-------|------|-------|-------|------|--------------|------|------|------|-------------------|---------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 545 | 300 | 245 | 84 | 160 | 116 | 122 | 46 | 17 | 244 | 238 | 63 | 183 | 177 | 108 | 77 | 141 | 358 |
| Weighted base | 571 | 323 | 247 | 97 | 157 | 124 | 128 | 47 | 18 | 254 | 252 | 65 | 181 | 184 | 120 | 85 | 149 | 380 |
| NET: Dreads going back to work | 571 | 323 | 247 | 97 | 157 | 124 | 128 | 47 | 18 | 254 | 252 | 65 | 181 | 184 | 120 | 85 | 149 | 380 |
| | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| Being bored | 328 | 190 | 137 | 61 | 96 | 69 | 68 | 24 | 10 | 157 | 137 | 34 | 114 | 104 | 69 | 41 | 76 | 225 |
| | 57% | 59% | 55% | 63% | 61% | 56% | 53% | 51% | 54% | 62% | 54% | 52% | 63% | 56% | 58% | 48% | 51% | 59% |
| Sitting behind a desk all day | 291 | 150 | 141 | 54 | 84 | 55 | 66 | 24 | 7 | 137 | 122 | 31 | 95 | 117 | 50 | 29 | 81 | 187 |
| | 51% | 46% | 57% | 55% | 53% | 45% | 52% | 51% | 41% | 54% | 48% | 48% | 52% | 63% | 42% | 34% | 55% | 49% |
| Lack of meaning | 280 | 163 | 118 | 42 | 76 | 64 | 62 | 26 | 11 | 118 | 126 | 36 | 86 | 96 | 52 | 47 | 75 | 183 |
| | 49% | 50% | 48% | 43% | 48% | 52% | 49% | 54% | 60% | 46% | 50% | 56% | 47% | 52% | 43% | 55% | 50% | 48% |
| Lack of variety | 243 | 132 | 111 | 42 | 59 | 54 | 59 | 20 | 9 | 101 | 113 | 29 | 66 | 70 | 65 | 42 | 68 | 157 |
| | 43% | 41% | 45% | 44% | 38% | 44% | 46% | 42% | 51% | 40% | 45% | 45% | 36% | 38% | 54% | 49% | 45% | 41% |
| Lack of creativity | 203 | 123 | 80 | 37 | 55 | 42 | 41 | 18 | 9 | 92 | 83 | 28 | 67 | 52 | 50 | 34 | 54 | 137 |
| | 36% | 38% | 32% | 38% | 35% | 34% | 32% | 39% | 52% | 36% | 33% | 42% | 37% | 28% | 42% | 39% | 36% | 36% |
| Finding your colleagues annoying | 199 | 118 | 80 | 19 | 57 | 45 | 48 | 21 | 8 | 76 | 94 | 29 | 67 | 52 | 45 | 35 | 56 | 126 |
| | 35% | 37% | 32% | 20% | 36% | 37% | 38% | 45% | 42% | 30% | 37% | 44% | 37% | 28% | 37% | 41% | 37% | 33% |
| None of the above | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| I don't find it difficult to go back to work after the festive period | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| I work over the festive period | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| I am not employed | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |

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Table 35

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Summary table - NET: Top 3

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---|-------|--------------|-----------|-------|------------|------------|--------------------------|----------------|----------------|----------|--------|------------|------------|-------------|--------------|---|------|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 545 | 484 | 38 | 23 | 21 | 48 | 41 | 54 | 34 | 60 | 92 | 87 | 47 | 499 | 46 | 326 | 191 |
| Weighted base | 571 | 508 | 36 | 27 | 22 | 53 | 45 | 55 | 36 | 60 | 94 | 91 | 52 | 529 | 42 | 334 | 205 |
| NET: Dreads going back to work | 571 | 508 | 36 | 27 | 22 | 53 | 45 | 55 | 36 | 60 | 94 | 91 | 52 | 529 | 42 | 334 | 205 |
| | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% | 100% |
| Being bored | 328 | 298 | 16 | 14 | 14 | 35 | 23 | 32 | 25 | 31 | 49 | 62 | 27 | 301 | 27 | 198 | 115 |
| | 57% | 59% | 44% | 51% | 62% | 66% | 51% | 58% | 70% | 51% | 52% | 68% | 53% | 57% | 64% | 59% | 56% |
| Sitting behind a desk all day | 291 | 266 | 15 | 10 | 15 | 23 | 23 | 25 | 22 | 30 | 44 | 43 | 40 | 268 | 22 | 164 | 110 |
| | 51% | 52% | 41% | 37% | 67% | 44% | 52% | 45% | 62% | 50% | 47% | 48% | 77% | 51% | 53% | 49% | 54% |
| Lack of meaning | 280 | 250 | 17 | 13 | 10 | 21 | 21 | 32 | 14 | 29 | 46 | 46 | 30 | 257 | 23 | 180 | 83 |
| | 49% | 49% | 48% | 50% | 46% | 39% | 48% | 58% | 40% | 48% | 49% | 51% | 58% | 49% | 55% | 54% | 41% |
| Lack of variety | 243 | 214 | 18 | 12 | 9 | 28 | 16 | 24 | 15 | 28 | 36 | 41 | 16 | 224 | 19 | 150 | 82 |
| | 43% | 42% | 49% | 43% | 43% | 53% | 37% | 44% | 41% | 46% | 38% | 45% | 31% | 42% | 46% | 45% | 40% |
| Lack of creativity | 203 | 178 | 19 | 6 | 6 | 16 | 18 | 21 | 8 | 27 | 42 | 29 | 12 | 191 | 11 | 125 | 65 |
| | 36% | 35% | 51% | 23% | 28% | 31% | 39% | 37% | 21% | 45% | 45% | 31% | 24% | 36% | 27% | 37% | 32% |
| Finding your colleagues annoying | 199 | 177 | 14 | 8 | 8 | 15 | 14 | 23 | 12 | 24 | 33 | 34 | 14 | 182 | 17 | 115 | 76 |
| | 35% | 35% | 38% | 31% | 35% | 29% | 32% | 41% | 34% | 40% | 35% | 37% | 27% | 34% | 41% | 34% | 37% |
| None of the above | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| I don't find it difficult to go back to work after the festive period | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| I work over the festive period | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |
| I am not employed | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - | - |

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Table 36

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Lack of variety

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|-----------------------|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 545 | 300 | 245 | 84 | 160 | 116 | 122 | 46 | 17 | 244 | 238 | 63 | 183 | 177 | 108 | 77 | 141 | 358 |
| Weighted base | 571 | 323 | 247 | 97 | 157 | 124 | 128 | 47 | 18 | 254 | 252 | 65 | 181 | 184 | 120 | 85 | 149 | 380 |
| Dread the most | 48 8% | 20 6% | 28 11% | 15 16% | 11 7% | 8 7% | 9 7% | 3 6% | 1 6% | 26 10% | 18 7% | 4 6% | 11 6% | 8 5% | 16 13% | 13 15% | 10 7% | 34 9% |
| Dread the second most | 93 16% | 54 17% | 40 16% | 11 11% | 21 14% | 22 18% | 29 22% | 9 19% | 2 12% | 32 13% | 50 20% | 11 17% | 24 13% | 32 18% | 23 19% | 14 16% | 28 19% | 62 16% |
| Dread the third most | 102 18% | 58 18% | 43 17% | 17 17% | 26 17% | 24 19% | 21 16% | 8 17% | 6 34% | 43 17% | 45 18% | 14 22% | 31 17% | 29 16% | 26 22% | 16 18% | 30 20% | 61 16% |
| NET: Top 3 | 243 43% | 132 41% | 111 45% | 42 44% | 59 38% | 54 44% | 59 46% | 20 42% | 9 51% | 101 40% | 113 45% | 29 45% | 66 36% | 70 38% | 65 54% | 42 49% | 68 45% | 157 41% |
| Not ranked top 3 | 327 57% | 191 59% | 136 55% | 54 56% | 98 62% | 70 56% | 69 54% | 27 58% | 9 49% | 152 60% | 139 55% | 36 55% | 116 64% | 114 62% | 55 46% | 43 51% | 82 55% | 223 59% |

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Table 37

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Lack of variety

| | Region | | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|-----------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|------------|
| | Total | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 545 | 484 | 38 | 23 | 21 | 48 | 41 | 54 | 34 | 60 | 92 | 87 | 47 | 499 | 46 | 326 | 191 |
| Weighted base | 571 | 508 | 36 | 27 | 22 | 53 | 45 | 55 | 36 | 60 | 94 | 91 | 52 | 529 | 42 | 334 | 205 |
| Dread the most | 48 8% | 40 8% | 4 10% | 5 17% | 1 5% | 5 10% | 4 9% | 7 12% | 1 4% | 4 7% | 7 7% | 10 11% | - - | 44 8% | 4 9% | 30 9% | 16 8% |
| Dread the second most | 93 16% | 82 16% | 8 23% | 3 10% | 3 14% | 12 23% | 4 8% | 5 9% | 7 19% | 8 13% | 19 20% | 18 19% | 8 15% | 89 17% | 4 9% | 54 16% | 34 17% |
| Dread the third most | 102 18% | 92 18% | 6 15% | 4 17% | 5 23% | 10 19% | 9 20% | 12 22% | 7 18% | 16 26% | 11 11% | 13 15% | 8 16% | 90 17% | 11 27% | 66 20% | 32 16% |
| NET: Top 3 | 243 43% | 214 42% | 18 49% | 12 43% | 9 43% | 28 53% | 16 37% | 24 44% | 15 41% | 28 46% | 36 38% | 41 45% | 16 31% | 224 42% | 19 46% | 150 45% | 82 40% |
| Not ranked top 3 | 327 57% | 294 58% | 19 51% | 15 57% | 13 57% | 25 47% | 28 63% | 31 56% | 21 59% | 33 54% | 58 62% | 50 55% | 36 69% | 305 58% | 23 54% | 185 55% | 123 60% |

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Table 38

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Finding your colleagues annoying

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|-----------------------|------------|------------|------------|-----------|------------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 545 | 300 | 245 | 84 | 160 | 116 | 122 | 46 | 17 | 244 | 238 | 63 | 183 | 177 | 108 | 77 | 141 | 358 |
| Weighted base | 571 | 323 | 247 | 97 | 157 | 124 | 128 | 47 | 18 | 254 | 252 | 65 | 181 | 184 | 120 | 85 | 149 | 380 |
| Dread the most | 71 12% | 46 14% | 25 10% | 2 2% | 17 11% | 15 12% | 24 18% | 9 19% | 5 27% | 19 8% | 38 15% | 14 21% | 22 12% | 20 11% | 15 12% | 14 17% | 27 18% | 39 10% |
| Dread the second most | 67 12% | 38 12% | 29 12% | 12 13% | 21 13% | 12 10% | 15 12% | 6 12% | 1 3% | 33 13% | 28 11% | 6 9% | 22 12% | 18 10% | 19 15% | 9 11% | 13 9% | 45 12% |
| Dread the third most | 60 11% | 34 11% | 26 11% | 5 5% | 18 12% | 19 15% | 9 7% | 7 14% | 2 13% | 23 9% | 28 11% | 9 14% | 23 13% | 14 8% | 11 9% | 12 14% | 15 10% | 42 11% |
| NET: Top 3 | 199 35% | 118 37% | 80 32% | 19 20% | 57 36% | 45 37% | 48 38% | 21 45% | 8 42% | 76 30% | 94 37% | 29 44% | 67 37% | 52 28% | 45 37% | 35 41% | 56 37% | 126 33% |
| Not ranked top 3 | 372 65% | 205 63% | 167 68% | 77 80% | 100 64% | 78 63% | 80 62% | 26 55% | 10 58% | 178 70% | 158 63% | 36 56% | 114 63% | 132 72% | 76 63% | 50 59% | 94 63% | 254 67% |

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Table 39

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Finding your colleagues annoying

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|-----------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|------------|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 545 | 484 | 38 | 23 | 21 | 48 | 41 | 54 | 34 | 60 | 92 | 87 | 47 | 499 | 46 | 326 | 191 |
| Weighted base | 571 | 508 | 36 | 27 | 22 | 53 | 45 | 55 | 36 | 60 | 94 | 91 | 52 | 529 | 42 | 334 | 205 |
| Dread the most | 71 12% | 58 11% | 9 24% | 5 18% | 4 18% | 2 4% | 8 19% | 4 8% | - | 10 17% | 13 14% | 14 15% | 2 5% | 66 13% | 5 12% | 35 10% | 32 15% |
| Dread the second most | 67 12% | 60 12% | 4 11% | 3 11% | 3 12% | 6 11% | 4 8% | 12 22% | 9 24% | 6 10% | 9 10% | 9 10% | 3 7% | 58 11% | 9 21% | 46 14% | 19 9% |
| Dread the third most | 60 11% | 59 12% | 1 3% | 1 2% | 1 4% | 7 14% | 2 5% | 6 12% | 3 10% | 8 13% | 11 12% | 11 12% | 8 15% | 57 11% | 3 8% | 34 10% | 25 12% |
| NET: Top 3 | 199 35% | 177 35% | 14 38% | 8 31% | 8 35% | 15 29% | 14 32% | 23 41% | 12 34% | 24 40% | 33 35% | 34 37% | 14 27% | 182 34% | 17 41% | 115 34% | 76 37% |
| Not ranked top 3 | 372 65% | 331 65% | 23 62% | 18 69% | 14 65% | 38 71% | 31 68% | 32 59% | 24 66% | 36 60% | 61 65% | 57 63% | 38 73% | 347 66% | 25 59% | 219 66% | 129 63% |

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Absolutes/col percents

Table 40

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Being bored

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|-----------------------|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 545 | 300 | 245 | 84 | 160 | 116 | 122 | 46 | 17 | 244 | 238 | 63 | 183 | 177 | 108 | 77 | 141 | 358 |
| Weighted base | 571 | 323 | 247 | 97 | 157 | 124 | 128 | 47 | 18 | 254 | 252 | 65 | 181 | 184 | 120 | 85 | 149 | 380 |
| Dread the most | 127 22% | 79 24% | 48 19% | 24 24% | 40 26% | 25 21% | 26 20% | 8 17% | 4 23% | 64 25% | 51 20% | 12 19% | 45 25% | 31 17% | 34 28% | 18 21% | 24 16% | 92 24% |
| Dread the second most | 107 19% | 57 18% | 50 20% | 24 25% | 29 18% | 21 17% | 19 15% | 8 18% | 5 25% | 53 21% | 41 16% | 13 20% | 36 20% | 36 19% | 19 16% | 17 20% | 25 17% | 73 19% |
| Dread the third most | 94 16% | 54 17% | 40 16% | 13 13% | 27 17% | 22 18% | 23 18% | 8 16% | 1 5% | 40 16% | 45 18% | 9 13% | 34 18% | 37 20% | 16 14% | 6 7% | 27 18% | 59 16% |
| NET: Top 3 | 328 57% | 190 59% | 137 55% | 61 63% | 96 61% | 69 56% | 68 53% | 24 51% | 10 54% | 157 62% | 137 54% | 34 52% | 114 63% | 104 56% | 69 58% | 41 48% | 76 51% | 225 59% |
| Not ranked top 3 | 243 43% | 133 41% | 110 45% | 36 37% | 61 39% | 55 44% | 60 47% | 23 49% | 8 46% | 97 38% | 115 46% | 31 48% | 68 37% | 80 44% | 51 42% | 44 52% | 73 49% | 155 41% |

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Absolutes/col percents

Table 41

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

**Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these
Being bored**

| | Region | | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|-----------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|------------|
| | Total | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 545 | 484 | 38 | 23 | 21 | 48 | 41 | 54 | 34 | 60 | 92 | 87 | 47 | 499 | 46 | 326 | 191 |
| Weighted base | 571 | 508 | 36 | 27 | 22 | 53 | 45 | 55 | 36 | 60 | 94 | 91 | 52 | 529 | 42 | 334 | 205 |
| Dread the most | 127 22% | 117 23% | 7 20% | 3 11% | 3 14% | 17 32% | 11 24% | 11 20% | 11 30% | 11 17% | 16 17% | 25 28% | 12 23% | 116 22% | 11 26% | 77 23% | 42 21% |
| Dread the second most | 107 19% | 99 19% | 3 7% | 6 22% | 7 32% | 11 20% | 10 22% | 12 22% | 4 11% | 11 19% | 18 19% | 18 20% | 8 15% | 98 19% | 9 22% | 69 21% | 38 19% |
| Dread the third most | 94 16% | 83 16% | 6 17% | 5 17% | 4 16% | 8 14% | 2 5% | 9 16% | 11 30% | 9 15% | 15 16% | 19 21% | 7 14% | 87 16% | 7 17% | 52 16% | 35 17% |
| NET: Top 3 | 328 57% | 298 59% | 16 44% | 14 51% | 14 62% | 35 66% | 23 51% | 32 58% | 25 70% | 31 51% | 49 52% | 62 68% | 27 53% | 301 57% | 27 64% | 198 59% | 115 56% |
| Not ranked top 3 | 243 43% | 210 41% | 20 56% | 13 49% | 8 38% | 18 34% | 22 49% | 23 42% | 11 30% | 29 49% | 45 48% | 29 32% | 24 47% | 228 43% | 15 36% | 136 41% | 90 44% |

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Absolutes/col percents

Table 42

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Sitting behind a desk all day

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|-----------------------|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 545 | 300 | 245 | 84 | 160 | 116 | 122 | 46 | 17 | 244 | 238 | 63 | 183 | 177 | 108 | 77 | 141 | 358 |
| Weighted base | 571 | 323 | 247 | 97 | 157 | 124 | 128 | 47 | 18 | 254 | 252 | 65 | 181 | 184 | 120 | 85 | 149 | 380 |
| Dread the most | 167 29% | 86 26% | 81 33% | 29 30% | 42 27% | 37 30% | 41 32% | 13 28% | 3 19% | 71 28% | 78 31% | 17 26% | 53 29% | 72 39% | 28 23% | 14 17% | 45 30% | 112 29% |
| Dread the second most | 73 13% | 38 12% | 35 14% | 8 8% | 28 18% | 13 10% | 15 12% | 7 15% | 2 13% | 36 14% | 28 11% | 10 15% | 26 14% | 23 13% | 16 13% | 8 10% | 21 14% | 46 12% |
| Dread the third most | 51 9% | 26 8% | 25 10% | 16 17% | 14 9% | 6 4% | 10 8% | 3 7% | 2 9% | 30 12% | 15 6% | 5 8% | 16 9% | 22 12% | 7 6% | 6 7% | 16 10% | 29 8% |
| NET: Top 3 | 291 51% | 150 46% | 141 57% | 54 55% | 84 53% | 55 45% | 66 52% | 24 51% | 7 41% | 137 54% | 122 48% | 31 48% | 95 52% | 117 63% | 50 42% | 29 34% | 81 55% | 187 49% |
| Not ranked top 3 | 280 49% | 173 54% | 107 43% | 43 45% | 73 47% | 68 55% | 62 48% | 23 49% | 11 59% | 116 46% | 130 52% | 34 52% | 86 48% | 67 37% | 70 58% | 57 66% | 68 45% | 193 51% |

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Table 43

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Sitting behind a desk all day

| | Region | | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|-----------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|------------|
| | Total | NET: England | Scot-land | Wales | North East | North West | York-shire & Humber-side | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 545 | 484 | 38 | 23 | 21 | 48 | 41 | 54 | 34 | 60 | 92 | 87 | 47 | 499 | 46 | 326 | 191 |
| Weighted base | 571 | 508 | 36 | 27 | 22 | 53 | 45 | 55 | 36 | 60 | 94 | 91 | 52 | 529 | 42 | 334 | 205 |
| Dread the most | 167 29% | 149 29% | 9 25% | 8 30% | 9 43% | 16 31% | 14 32% | 14 24% | 14 39% | 12 21% | 25 27% | 22 24% | 23 45% | 157 30% | 10 24% | 86 26% | 71 35% |
| Dread the second most | 73 13% | 69 14% | 4 10% | 1 3% | 3 15% | 6 11% | 3 8% | 7 13% | 5 15% | 11 19% | 10 11% | 11 12% | 11 22% | 67 13% | 6 15% | 39 12% | 28 14% |
| Dread the third most | 51 9% | 48 9% | 2 5% | 1 4% | 2 9% | 1 2% | 5 12% | 4 8% | 3 9% | 7 11% | 9 9% | 11 12% | 5 10% | 45 8% | 6 14% | 38 12% | 11 5% |
| NET: Top 3 | 291 51% | 266 52% | 15 41% | 10 37% | 15 67% | 23 44% | 23 52% | 25 45% | 22 62% | 30 50% | 44 47% | 43 48% | 40 77% | 268 51% | 22 53% | 164 49% | 110 54% |
| Not ranked top 3 | 280 49% | 242 48% | 21 59% | 17 63% | 7 33% | 30 56% | 22 48% | 30 55% | 14 38% | 30 50% | 50 53% | 48 52% | 12 23% | 260 49% | 20 47% | 171 51% | 95 46% |

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Table 44

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Lack of meaning

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|-----------------------|------------|------------|------------|-----------|-----------|-----------|-----------|-----------|-----------|------------|------------|-----------|--------------|-----------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 545 | 300 | 245 | 84 | 160 | 116 | 122 | 46 | 17 | 244 | 238 | 63 | 183 | 177 | 108 | 77 | 141 | 358 |
| Weighted base | 571 | 323 | 247 | 97 | 157 | 124 | 128 | 47 | 18 | 254 | 252 | 65 | 181 | 184 | 120 | 85 | 149 | 380 |
| Dread the most | 102 18% | 59 18% | 43 18% | 14 14% | 24 15% | 30 24% | 22 17% | 9 20% | 4 21% | 38 15% | 51 20% | 13 20% | 30 17% | 34 18% | 19 15% | 20 23% | 28 19% | 64 17% |
| Dread the second most | 100 18% | 58 18% | 42 17% | 19 20% | 29 18% | 17 14% | 21 17% | 8 16% | 6 34% | 48 19% | 39 15% | 14 21% | 33 18% | 33 18% | 20 17% | 13 16% | 27 18% | 65 17% |
| Dread the third most | 78 14% | 45 14% | 32 13% | 9 9% | 23 15% | 17 14% | 19 15% | 9 18% | 1 4% | 32 13% | 36 14% | 9 14% | 22 12% | 28 15% | 13 11% | 14 16% | 19 13% | 54 14% |
| NET: Top 3 | 280 49% | 163 50% | 118 48% | 42 43% | 76 48% | 64 52% | 62 49% | 26 54% | 11 60% | 118 46% | 126 50% | 36 56% | 86 47% | 96 52% | 52 43% | 47 55% | 75 50% | 183 48% |
| Not ranked top 3 | 290 51% | 161 50% | 130 52% | 55 57% | 81 52% | 60 48% | 66 51% | 22 46% | 7 40% | 136 54% | 125 50% | 29 44% | 96 53% | 88 48% | 68 57% | 39 45% | 75 50% | 197 52% |

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Table 45

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Lack of meaning

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|-----------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|------------|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humber-side | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 545 | 484 | 38 | 23 | 21 | 48 | 41 | 54 | 34 | 60 | 92 | 87 | 47 | 499 | 46 | 326 | 191 |
| Weighted base | 571 | 508 | 36 | 27 | 22 | 53 | 45 | 55 | 36 | 60 | 94 | 91 | 52 | 529 | 42 | 334 | 205 |
| Dread the most | 102 18% | 96 19% | 2 6% | 4 16% | 3 15% | 8 15% | 6 14% | 15 27% | 6 16% | 14 24% | 16 17% | 14 15% | 14 26% | 92 17% | 11 25% | 65 19% | 31 15% |
| Dread the second most | 100 18% | 85 17% | 8 23% | 7 27% | 3 15% | 6 11% | 9 20% | 8 14% | 6 15% | 8 13% | 18 20% | 19 21% | 8 15% | 93 18% | 8 19% | 64 19% | 30 15% |
| Dread the third most | 78 14% | 69 14% | 7 19% | 2 7% | 3 16% | 7 13% | 6 14% | 9 17% | 3 9% | 6 10% | 11 12% | 14 15% | 8 16% | 73 14% | 5 11% | 52 16% | 22 11% |
| NET: Top 3 | 280 49% | 250 49% | 17 48% | 13 50% | 10 46% | 21 39% | 21 48% | 32 58% | 14 40% | 29 48% | 46 49% | 46 51% | 30 58% | 257 49% | 23 55% | 180 54% | 83 41% |
| Not ranked top 3 | 290 51% | 258 51% | 19 52% | 13 50% | 12 54% | 32 61% | 24 52% | 23 42% | 22 60% | 32 52% | 48 51% | 45 49% | 22 42% | 271 51% | 19 45% | 154 46% | 121 59% |

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Absolutes/col percents

Table 46

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Lack of creativity

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|-----------------------|------------|------------|------------|-----------|------------|-----------|-----------|-----------|----------|------------|------------|-----------|--------------|------------|-----------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 545 | 300 | 245 | 84 | 160 | 116 | 122 | 46 | 17 | 244 | 238 | 63 | 183 | 177 | 108 | 77 | 141 | 358 |
| Weighted base | 571 | 323 | 247 | 97 | 157 | 124 | 128 | 47 | 18 | 254 | 252 | 65 | 181 | 184 | 120 | 85 | 149 | 380 |
| Dread the most | 55 10% | 33 10% | 22 9% | 12 13% | 22 14% | 9 7% | 7 5% | 5 10% | 1 4% | 35 14% | 15 6% | 5 8% | 21 11% | 19 10% | 10 8% | 7 8% | 15 10% | 38 10% |
| Dread the second most | 74 13% | 45 14% | 29 12% | 9 9% | 16 10% | 22 18% | 17 14% | 7 15% | 2 13% | 25 10% | 39 16% | 9 14% | 22 12% | 22 12% | 16 13% | 14 16% | 22 15% | 47 13% |
| Dread the third most | 74 13% | 45 14% | 29 12% | 15 16% | 17 11% | 11 9% | 17 13% | 7 14% | 6 35% | 32 13% | 28 11% | 13 20% | 24 13% | 12 6% | 25 21% | 13 16% | 17 11% | 52 14% |
| NET: Top 3 | 203 36% | 123 38% | 80 32% | 37 38% | 55 35% | 42 34% | 41 32% | 18 39% | 9 52% | 92 36% | 83 33% | 28 42% | 67 37% | 52 28% | 50 42% | 34 39% | 54 36% | 137 36% |
| Not ranked top 3 | 368 64% | 200 62% | 168 68% | 60 62% | 102 65% | 82 66% | 87 68% | 29 61% | 8 48% | 162 64% | 169 67% | 38 58% | 115 63% | 132 72% | 70 58% | 52 61% | 95 64% | 242 64% |

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Absolutes/col percents

Table 47

Q5. Which, if any, of the following do you most dread about going back to work after the festive period?

Please rank maximum three where 1 is the thing you dread the most, 2 is the thing you dread the second most and 3 is the thing you dread the third most.

Base: All respondents excl. those unemployed, working over the festive period don't find it difficult to go back or none of these

Lack of creativity

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|-----------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|------------|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 545 | 484 | 38 | 23 | 21 | 48 | 41 | 54 | 34 | 60 | 92 | 87 | 47 | 499 | 46 | 326 | 191 |
| Weighted base | 571 | 508 | 36 | 27 | 22 | 53 | 45 | 55 | 36 | 60 | 94 | 91 | 52 | 529 | 42 | 334 | 205 |
| Dread the most | 55 10% | 48 9% | 5 15% | 2 8% | 1 4% | 4 8% | 1 3% | 5 8% | 4 11% | 8 14% | 17 18% | 7 8% | * 1% | 53 10% | 2 4% | 42 12% | 12 6% |
| Dread the second most | 74 13% | 65 13% | 7 20% | 2 6% | 2 7% | 5 9% | 8 19% | 9 16% | 2 5% | 12 20% | 8 9% | 12 13% | 6 12% | 69 13% | 4 10% | 40 12% | 28 14% |
| Dread the third most | 74 13% | 65 13% | 6 17% | 2 9% | 4 16% | 7 13% | 8 18% | 7 13% | 2 5% | 7 11% | 17 18% | 10 11% | 6 11% | 68 13% | 5 13% | 43 13% | 25 12% |
| NET: Top 3 | 203 36% | 178 35% | 19 51% | 6 23% | 6 28% | 16 31% | 18 39% | 21 37% | 8 21% | 27 45% | 42 45% | 29 31% | 12 24% | 191 36% | 11 27% | 125 37% | 65 32% |
| Not ranked top 3 | 368 64% | 330 65% | 18 49% | 21 77% | 16 72% | 36 69% | 27 61% | 35 63% | 28 79% | 34 55% | 52 55% | 62 69% | 39 76% | 338 64% | 30 73% | 209 63% | 140 68% |

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Absolutes/col percents

Table 48

Q6. Are you considering looking for a new job in 2020?**Base: All respondents**

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---|-------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|------------|--------------|------------|------------|------------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 2041 | 1001 | 1040 | 210 | 366 | 309 | 380 | 302 | 474 | 576 | 689 | 776 | 591 | 558 | 408 | 484 | 309 | 822 |
| Weighted base | 2041 | 996 | 1045 | 226 | 353 | 326 | 361 | 302 | 472 | 579 | 688 | 774 | 557 | 574 | 414 | 496 | 330 | 848 |
| NET: Yes | 697 34% | 351 35% | 346 33% | 133 59% | 211 60% | 160 49% | 122 34% | 60 20% | 11 2% | 344 59% | 282 41% | 70 9% | 203 36% | 192 34% | 149 36% | 153 31% | 165 50% | 369 44% |
| NET: Yes already looking / will be looking immediately | 407 20% | 214 21% | 194 19% | 87 38% | 129 36% | 84 26% | 61 17% | 41 14% | 6 1% | 215 37% | 145 21% | 47 6% | 120 21% | 104 18% | 84 20% | 101 20% | 99 30% | 210 25% |
| Yes, and I have already started looking | 285 14% | 144 14% | 141 14% | 67 29% | 83 24% | 60 18% | 42 12% | 30 10% | 4 1% | 150 26% | 102 15% | 34 4% | 74 13% | 77 13% | 62 15% | 72 15% | 68 21% | 145 17% |
| Yes, and I will be looking immediately | 122 6% | 69 7% | 53 5% | 20 9% | 45 13% | 24 7% | 20 5% | 11 4% | 2 * | 66 11% | 43 6% | 13 2% | 46 8% | 27 5% | 21 5% | 28 6% | 31 9% | 65 8% |
| Yes, but I probably won't start looking any time soon | 289 14% | 137 14% | 152 15% | 46 20% | 83 23% | 76 23% | 61 17% | 19 6% | 5 1% | 129 22% | 137 20% | 24 3% | 83 15% | 89 15% | 65 16% | 52 11% | 66 20% | 159 19% |
| No | 1232 60% | 589 59% | 643 62% | 80 35% | 113 32% | 138 42% | 215 60% | 229 76% | 456 97% | 194 33% | 353 51% | 685 89% | 340 61% | 346 60% | 244 59% | 302 61% | 148 45% | 431 51% |
| Don't know | 113 6% | 56 6% | 56 5% | 13 6% | 28 8% | 28 9% | 24 7% | 13 4% | 5 1% | 42 7% | 52 8% | 18 2% | 14 3% | 35 6% | 22 5% | 41 8% | 17 5% | 48 6% |

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Absolutes/col percents

Table 49

Q6. Are you considering looking for a new job in 2020?**Base: All respondents**

| | Total | Region | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | | |
|--|-------------|--------------|------------|-----------|------------|------------|--------------------|---------------|---------------|----------------|------------|------------|-------------|------------|---|-------------|--------------|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humber | West Midlands | East Midlands | East of London | London | South East | South West | Working | Not working | Yes | No |
| Unweighted base | 2041 | 1772 | 177 | 92 | 83 | 225 | 174 | 196 | 154 | 208 | 261 | 295 | 176 | 1131 | 910 | 696 | 1225 |
| Weighted base | 2041 | 1761 | 178 | 102 | 86 | 235 | 171 | 182 | 149 | 196 | 276 | 286 | 182 | 1178 | 863 | 697 | 1232 |
| NET: Yes | 697 34% | 613 35% | 49 28% | 35 34% | 35 41% | 83 35% | 51 30% | 66 36% | 46 31% | 66 33% | 116 42% | 97 34% | 52 28% | 535 45% | 162 19% | 697 100% | - |
| NET: Yes already looking / will be looking immediately | 407 20% | 355 20% | 29 16% | 23 23% | 20 24% | 47 20% | 28 16% | 40 22% | 20 13% | 36 18% | 76 28% | 52 18% | 35 19% | 309 26% | 98 11% | 407 58% | - |
| Yes, and I have already started looking | 285 14% | 247 14% | 19 11% | 20 19% | 13 15% | 32 14% | 19 11% | 27 15% | 13 9% | 30 15% | 50 18% | 40 14% | 25 14% | 213 18% | 72 8% | 285 41% | - |
| Yes, and I will be looking immediately | 122 6% | 108 6% | 10 6% | 3 3% | 8 9% | 15 6% | 9 5% | 14 7% | 7 5% | 6 3% | 27 10% | 13 4% | 10 5% | 96 8% | 26 3% | 122 17% | - |
| Yes, but I probably won't start looking any time soon | 289 14% | 257 15% | 20 11% | 12 12% | 15 17% | 36 15% | 23 13% | 25 14% | 27 18% | 30 15% | 40 14% | 45 16% | 17 9% | 225 19% | 64 7% | 289 42% | - |
| No | 1232 60% | 1051 60% | 116 65% | 65 64% | 47 55% | 139 59% | 111 65% | 108 60% | 97 65% | 119 61% | 139 50% | 175 61% | 114 63% | 579 49% | 653 76% | - | 1232 100% |
| Don't know | 113 6% | 98 6% | 13 7% | 2 2% | 3 3% | 12 5% | 9 5% | 8 4% | 5 4% | 11 6% | 20 7% | 13 5% | 16 9% | 64 5% | 48 6% | - | - |

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Absolutes/col percents

Table 50

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

Summary table

| | Better pay | To do something more fulfilling | Looking for a new challenge | To do more with my skills | To be in a more creative role | To have more responsibility |
|--------------------|------------|---------------------------------|-----------------------------|---------------------------|-------------------------------|-----------------------------|
| Unweighted base | 696 | 696 | 696 | 696 | 696 | 696 |
| Weighted base | 697 | 697 | 697 | 697 | 697 | 697 |
| Most important | 248 36% | 145 21% | 108 15% | 59 9% | 31 4% | 35 5% |
| 2nd most important | 115 16% | 137 20% | 125 18% | 96 14% | 52 7% | 44 6% |
| 3rd most important | 86 12% | 97 14% | 111 16% | 121 17% | 51 7% | 46 7% |
| NET: Top 3 | 448 64% | 378 54% | 344 49% | 277 40% | 134 19% | 125 18% |
| Not ranked top 3 | 177 25% | 247 35% | 282 40% | 348 50% | 491 71% | 501 72% |
| None of the above | 64 9% | 64 9% | 64 9% | 64 9% | 64 9% | 64 9% |
| Don't know | 7 1% | 7 1% | 7 1% | 7 1% | 7 1% | 7 1% |

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Absolutes/col percents

Table 51

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

Summary table - NET: Top 3

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|---------------------------------|--------|------|--------|-------|-------|-------|-------|-------|------|-------|-------|-----|--------------|-----|-----|-----|-------------------|---------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 696 | 344 | 352 | 127 | 225 | 149 | 128 | 56 | 11 | 352 | 277 | 67 | 214 | 194 | 141 | 147 | 155 | 363 |
| Weighted base | 697 | 351 | 346 | 133 | 211 | 160 | 122 | 60 | 11 | 344 | 282 | 70 | 203 | 192 | 149 | 153 | 165 | 369 |
| Better pay | 448 | 232 | 216 | 82 | 134 | 109 | 85 | 33 | 6 | 217 | 193 | 38 | 132 | 135 | 92 | 88 | 110 | 252 |
| | 64% | 66% | 62% | 62% | 64% | 68% | 69% | 55% | 53% | 63% | 68% | 54% | 65% | 70% | 62% | 58% | 67% | 68% |
| To do something more fulfilling | 378 | 208 | 171 | 55 | 107 | 95 | 82 | 33 | 6 | 162 | 177 | 39 | 101 | 110 | 86 | 82 | 84 | 217 |
| | 54% | 59% | 49% | 42% | 51% | 59% | 67% | 55% | 59% | 47% | 63% | 56% | 50% | 57% | 58% | 53% | 51% | 59% |
| Looking for a new challenge | 344 | 185 | 159 | 64 | 90 | 74 | 72 | 33 | 11 | 154 | 146 | 44 | 105 | 98 | 63 | 78 | 91 | 176 |
| | 49% | 53% | 46% | 48% | 42% | 46% | 59% | 55% | 100% | 45% | 52% | 62% | 52% | 51% | 42% | 51% | 55% | 48% |
| To do more with my skills | 277 | 147 | 130 | 59 | 80 | 63 | 49 | 21 | 5 | 139 | 112 | 27 | 97 | 67 | 55 | 58 | 63 | 153 |
| | 40% | 42% | 38% | 44% | 38% | 39% | 40% | 35% | 50% | 40% | 39% | 38% | 48% | 35% | 37% | 38% | 38% | 42% |
| To be in a more creative role | 134 | 71 | 63 | 28 | 34 | 36 | 25 | 10 | 1 | 62 | 61 | 11 | 37 | 39 | 33 | 25 | 43 | 67 |
| | 19% | 20% | 18% | 21% | 16% | 22% | 20% | 17% | 8% | 18% | 21% | 16% | 18% | 20% | 22% | 16% | 26% | 18% |
| To have more responsibility | 125 | 64 | 61 | 38 | 43 | 18 | 22 | 3 | - | 81 | 41 | 3 | 46 | 25 | 24 | 30 | 35 | 61 |
| | 18% | 18% | 18% | 29% | 20% | 11% | 18% | 6% | - | 24% | 14% | 5% | 22% | 13% | 16% | 20% | 21% | 17% |
| None of the above | 64 | 25 | 39 | 10 | 24 | 13 | 4 | 13 | - | 34 | 17 | 13 | 14 | 19 | 14 | 18 | 12 | 28 |
| | 9% | 7% | 11% | 8% | 11% | 8% | 4% | 21% | - | 10% | 6% | 18% | 7% | 10% | 9% | 12% | 7% | 8% |
| Don't know | 7 | 2 | 6 | 1 | 3 | 4 | - | 1 | - | 3 | 4 | 1 | - | 1 | 2 | 5 | - | 2 |
| | 1% | * | 2% | * | 1% | 2% | - | 1% | - | 1% | 1% | 1% | - | * | 1% | 3% | - | * |

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Absolutes/col percents

Table 52

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

Summary table - NET: Top 3

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|---------------------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|----|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 696 | 612 | 52 | 32 | 32 | 75 | 52 | 73 | 47 | 66 | 115 | 100 | 52 | 518 | 178 | 696 | - |
| Weighted base | 697 | 613 | 49 | 35 | 35 | 83 | 51 | 66 | 46 | 66 | 116 | 97 | 52 | 535 | 162 | 697 | - |
| Better pay | 448 64% | 397 65% | 25 51% | 26 76% | 24 68% | 55 66% | 31 60% | 43 66% | 30 65% | 40 61% | 68 59% | 70 72% | 36 69% | 362 68% | 86 53% | 448 64% | - |
| To do something more fulfilling | 378 54% | 328 53% | 27 56% | 24 67% | 18 51% | 35 42% | 33 64% | 35 54% | 27 58% | 40 61% | 56 48% | 53 54% | 31 60% | 301 56% | 77 48% | 378 54% | - |
| Looking for a new challenge | 344 49% | 311 51% | 18 36% | 15 43% | 23 66% | 38 45% | 27 52% | 33 50% | 23 50% | 37 56% | 43 37% | 57 58% | 30 58% | 267 50% | 77 47% | 344 49% | - |
| To do more with my skills | 277 40% | 243 40% | 21 43% | 13 36% | 15 42% | 32 38% | 23 44% | 20 30% | 23 50% | 24 36% | 49 42% | 35 36% | 23 45% | 217 41% | 60 37% | 277 40% | - |
| To be in a more creative role | 134 19% | 121 20% | 10 20% | 3 10% | 4 12% | 8 10% | 11 22% | 17 26% | 6 13% | 16 25% | 32 28% | 12 12% | 13 25% | 110 21% | 24 15% | 134 19% | - |
| To have more responsibility | 125 18% | 115 19% | 7 15% | 3 8% | 10 29% | 14 17% | 12 23% | 10 16% | 4 8% | 9 14% | 36 31% | 14 14% | 6 11% | 96 18% | 28 18% | 125 18% | - |
| None of the above | 64 9% | 51 8% | 9 19% | 4 11% | 2 6% | 8 10% | 2 4% | 6 9% | 5 12% | 4 7% | 11 9% | 11 11% | 2 4% | 40 8% | 24 15% | 64 9% | - |
| Don't know | 7 1% | 7 1% | 1 1% | - | - | 4 5% | - | 2 4% | - | - | - | - | - | 2 * | 6 3% | 7 1% | - |

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Table 53

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

Better pay

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|--------------------|--------|------|--------|-------|-------|-------|-------|-------|-----|-------|-------|-----|--------------|-----|-----|-----|-------------------|--------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Pri- vate |
| Unweighted base | 696 | 344 | 352 | 127 | 225 | 149 | 128 | 56 | 11 | 352 | 277 | 67 | 214 | 194 | 141 | 147 | 155 | 363 |
| Weighted base | 697 | 351 | 346 | 133 | 211 | 160 | 122 | 60 | 11 | 344 | 282 | 70 | 203 | 192 | 149 | 153 | 165 | 369 |
| Most important | 248 | 126 | 122 | 42 | 81 | 61 | 43 | 19 | 2 | 123 | 104 | 21 | 76 | 80 | 51 | 41 | 59 | 153 |
| | 36% | 36% | 35% | 32% | 39% | 38% | 35% | 31% | 20% | 36% | 37% | 29% | 37% | 42% | 34% | 27% | 36% | 41% |
| 2nd most important | 115 | 55 | 60 | 25 | 30 | 26 | 21 | 11 | 2 | 56 | 47 | 12 | 33 | 32 | 23 | 26 | 29 | 59 |
| | 16% | 16% | 17% | 19% | 14% | 16% | 17% | 18% | 15% | 16% | 17% | 17% | 16% | 17% | 15% | 17% | 17% | 16% |
| 3rd most important | 86 | 51 | 35 | 15 | 23 | 22 | 21 | 3 | 2 | 38 | 43 | 5 | 23 | 22 | 19 | 21 | 23 | 40 |
| | 12% | 14% | 10% | 11% | 11% | 14% | 17% | 6% | 18% | 11% | 15% | 8% | 11% | 12% | 13% | 14% | 14% | 11% |
| NET: Top 3 | 448 | 232 | 216 | 82 | 134 | 109 | 85 | 33 | 6 | 217 | 193 | 38 | 132 | 135 | 92 | 88 | 110 | 252 |
| | 64% | 66% | 62% | 62% | 64% | 68% | 69% | 55% | 53% | 63% | 68% | 54% | 65% | 70% | 62% | 58% | 67% | 68% |
| Not ranked top 3 | 177 | 92 | 85 | 40 | 50 | 35 | 33 | 14 | 5 | 90 | 68 | 19 | 57 | 38 | 41 | 42 | 43 | 87 |
| | 25% | 26% | 25% | 30% | 24% | 22% | 27% | 23% | 47% | 26% | 24% | 27% | 28% | 20% | 27% | 27% | 26% | 24% |
| None of the above | 64 | 25 | 39 | 10 | 24 | 13 | 4 | 13 | - | 34 | 17 | 13 | 14 | 19 | 14 | 18 | 12 | 28 |
| | 9% | 7% | 11% | 8% | 11% | 8% | 4% | 21% | - | 10% | 6% | 18% | 7% | 10% | 9% | 12% | 7% | 8% |
| Don't know | 7 | 2 | 6 | 1 | 3 | 4 | - | 1 | - | 3 | 4 | 1 | - | 1 | 2 | 5 | - | 2 |
| | 1% | * | 2% | * | 1% | 2% | - | 1% | - | 1% | 1% | 1% | - | * | 1% | 3% | - | * |

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Table 54

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

Better pay

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|--------------------|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|------------|-------------|--------------|---|----|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 696 | 612 | 52 | 32 | 32 | 75 | 52 | 73 | 47 | 66 | 115 | 100 | 52 | 518 | 178 | 696 | - |
| Weighted base | 697 | 613 | 49 | 35 | 35 | 83 | 51 | 66 | 46 | 66 | 116 | 97 | 52 | 535 | 162 | 697 | - |
| Most important | 248 36% | 220 36% | 13 27% | 15 44% | 13 37% | 33 40% | 13 26% | 26 40% | 13 28% | 23 35% | 42 36% | 40 41% | 16 30% | 212 40% | 36 22% | 248 36% | - |
| 2nd most important | 115 16% | 102 17% | 9 18% | 4 13% | 6 16% | 16 20% | 11 21% | 7 11% | 9 19% | 11 17% | 16 14% | 15 15% | 11 21% | 88 16% | 27 17% | 115 16% | - |
| 3rd most important | 86 12% | 76 12% | 3 6% | 7 19% | 5 15% | 6 7% | 7 13% | 10 15% | 8 18% | 5 8% | 10 9% | 15 15% | 10 18% | 63 12% | 23 14% | 86 12% | - |
| NET: Top 3 | 448 64% | 397 65% | 25 51% | 26 76% | 24 68% | 55 66% | 31 60% | 43 66% | 30 65% | 40 61% | 68 59% | 70 72% | 36 69% | 362 68% | 86 53% | 448 64% | - |
| Not ranked top 3 | 177 25% | 158 26% | 14 29% | 5 14% | 9 26% | 15 19% | 18 36% | 14 22% | 11 23% | 21 33% | 37 32% | 17 18% | 14 27% | 130 24% | 46 29% | 177 25% | - |
| None of the above | 64 9% | 51 8% | 9 19% | 4 11% | 2 6% | 8 10% | 2 4% | 6 9% | 5 12% | 4 7% | 11 9% | 11 11% | 2 4% | 40 8% | 24 15% | 64 9% | - |
| Don't know | 7 1% | 7 1% | 1 1% | - | - | 4 5% | - | 2 4% | - | - | - | - | - | 2 * | 6 3% | 7 1% | - |

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Absolutes/col percents

Table 55

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

To do something more fulfilling

| | Gender | | Age | | | | | | | | | Social Grade | | | | Employment Sector | | |
|--------------------|--------|------|--------|-------|-------|-------|-------|-------|-----|-------|-------|--------------|-----|-----|-----|-------------------|--------|---------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 696 | 344 | 352 | 127 | 225 | 149 | 128 | 56 | 11 | 352 | 277 | 67 | 214 | 194 | 141 | 147 | 155 | 363 |
| Weighted base | 697 | 351 | 346 | 133 | 211 | 160 | 122 | 60 | 11 | 344 | 282 | 70 | 203 | 192 | 149 | 153 | 165 | 369 |
| Most important | 145 | 69 | 76 | 18 | 35 | 40 | 38 | 12 | 2 | 54 | 77 | 14 | 40 | 41 | 34 | 29 | 28 | 81 |
| | 21% | 20% | 22% | 14% | 17% | 25% | 31% | 20% | 17% | 16% | 27% | 20% | 20% | 22% | 23% | 19% | 17% | 22% |
| 2nd most important | 137 | 86 | 51 | 17 | 48 | 35 | 21 | 13 | 3 | 65 | 56 | 16 | 35 | 37 | 25 | 39 | 32 | 76 |
| | 20% | 25% | 15% | 13% | 23% | 22% | 17% | 22% | 27% | 19% | 20% | 23% | 17% | 19% | 17% | 26% | 20% | 21% |
| 3rd most important | 97 | 53 | 44 | 20 | 24 | 20 | 24 | 7 | 2 | 44 | 44 | 9 | 26 | 31 | 26 | 14 | 24 | 59 |
| | 14% | 15% | 13% | 15% | 11% | 12% | 20% | 12% | 15% | 13% | 15% | 13% | 13% | 16% | 17% | 9% | 15% | 16% |
| NET: Top 3 | 378 | 208 | 171 | 55 | 107 | 95 | 82 | 33 | 6 | 162 | 177 | 39 | 101 | 110 | 86 | 82 | 84 | 217 |
| | 54% | 59% | 49% | 42% | 51% | 59% | 67% | 55% | 59% | 47% | 63% | 56% | 50% | 57% | 58% | 53% | 51% | 59% |
| Not ranked top 3 | 247 | 116 | 130 | 67 | 77 | 49 | 36 | 14 | 5 | 144 | 85 | 18 | 88 | 63 | 47 | 48 | 69 | 123 |
| | 35% | 33% | 38% | 50% | 37% | 31% | 29% | 23% | 41% | 42% | 30% | 26% | 44% | 33% | 32% | 31% | 42% | 33% |
| None of the above | 64 | 25 | 39 | 10 | 24 | 13 | 4 | 13 | - | 34 | 17 | 13 | 14 | 19 | 14 | 18 | 12 | 28 |
| | 9% | 7% | 11% | 8% | 11% | 8% | 4% | 21% | - | 10% | 6% | 18% | 7% | 10% | 9% | 12% | 7% | 8% |
| Don't know | 7 | 2 | 6 | 1 | 3 | 4 | - | 1 | - | 3 | 4 | 1 | - | 1 | 2 | 5 | - | 2 |
| | 1% | * | 2% | * | 1% | 2% | - | 1% | - | 1% | 1% | 1% | - | * | 1% | 3% | - | * |

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Absolutes/col percents

Table 56

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

To do something more fulfilling

| | Total | Region | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | | |
|--------------------|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|-------------|------------|---|------------|----|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 696 | 612 | 52 | 32 | 32 | 75 | 52 | 73 | 47 | 66 | 115 | 100 | 52 | 518 | 178 | 696 | - |
| Weighted base | 697 | 613 | 49 | 35 | 35 | 83 | 51 | 66 | 46 | 66 | 116 | 97 | 52 | 535 | 162 | 697 | - |
| Most important | 145 21% | 123 20% | 10 21% | 12 35% | 4 12% | 12 15% | 17 33% | 12 18% | 9 18% | 16 25% | 18 16% | 16 16% | 19 36% | 109 20% | 36 22% | 145 21% | - |
| 2nd most important | 137 20% | 124 20% | 9 18% | 4 12% | 8 23% | 12 14% | 9 17% | 17 27% | 11 23% | 10 15% | 25 22% | 23 24% | 9 17% | 108 20% | 28 17% | 137 20% | - |
| 3rd most important | 97 14% | 81 13% | 8 17% | 7 20% | 5 15% | 11 13% | 8 15% | 6 10% | 8 17% | 14 21% | 12 10% | 14 14% | 4 7% | 84 16% | 13 8% | 97 14% | - |
| NET: Top 3 | 378 54% | 328 53% | 27 56% | 24 67% | 18 51% | 35 42% | 33 64% | 35 54% | 27 58% | 40 61% | 56 48% | 53 54% | 31 60% | 301 56% | 77 48% | 378 54% | - |
| Not ranked top 3 | 247 35% | 227 37% | 12 25% | 8 22% | 15 44% | 36 43% | 16 32% | 22 34% | 14 30% | 21 33% | 49 42% | 34 35% | 19 37% | 192 36% | 55 34% | 247 35% | - |
| None of the above | 64 9% | 51 8% | 9 19% | 4 11% | 2 6% | 8 10% | 2 4% | 6 9% | 5 12% | 4 7% | 11 9% | 11 11% | 2 4% | 40 8% | 24 15% | 64 9% | - |
| Don't know | 7 1% | 7 1% | 1 1% | - | - | 4 5% | - | 2 4% | - | - | - | - | - | 2 * | 6 3% | 7 1% | - |

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ONLINE Fieldwork: 11th-12th December 2019

Absolutes/col percents

Table 57

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

To do more with my skills

| | Gender | | | Age | | | | | | | Social Grade | | | | Employment Sector | | | |
|--------------------|------------|------------|------------|-----------|------------|-----------|-----------|-----------|----------|------------|--------------|-----------|-----------|------------|-------------------|-----------|-----------|--------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Pri- vate |
| Unweighted base | 696 | 344 | 352 | 127 | 225 | 149 | 128 | 56 | 11 | 352 | 277 | 67 | 214 | 194 | 141 | 147 | 155 | 363 |
| Weighted base | 697 | 351 | 346 | 133 | 211 | 160 | 122 | 60 | 11 | 344 | 282 | 70 | 203 | 192 | 149 | 153 | 165 | 369 |
| Most important | 59 9% | 30 9% | 29 8% | 14 10% | 22 10% | 8 5% | 10 8% | 5 8% | 1 7% | 36 10% | 18 6% | 5 8% | 15 7% | 15 8% | 13 9% | 16 10% | 13 8% | 29 8% |
| 2nd most important | 96 14% | 46 13% | 50 15% | 20 15% | 24 11% | 25 16% | 18 15% | 6 10% | 3 31% | 44 13% | 43 15% | 9 13% | 30 15% | 26 14% | 24 16% | 17 11% | 22 13% | 54 15% |
| 3rd most important | 121 17% | 71 20% | 51 15% | 25 19% | 34 16% | 30 18% | 21 17% | 11 18% | 1 12% | 59 17% | 50 18% | 12 17% | 53 26% | 26 13% | 18 12% | 25 16% | 28 17% | 71 19% |
| NET: Top 3 | 277 40% | 147 42% | 130 38% | 59 44% | 80 38% | 63 39% | 49 40% | 21 35% | 5 50% | 139 40% | 112 39% | 27 38% | 97 48% | 67 35% | 55 37% | 58 38% | 63 38% | 153 42% |
| Not ranked top 3 | 348 50% | 177 51% | 171 49% | 63 47% | 105 50% | 81 50% | 69 57% | 25 43% | 5 50% | 168 49% | 150 53% | 31 44% | 92 45% | 106 55% | 78 52% | 72 47% | 90 55% | 186 50% |
| None of the above | 64 9% | 25 7% | 39 11% | 10 8% | 24 11% | 13 8% | 4 4% | 13 21% | - - | 34 10% | 17 6% | 13 18% | 14 7% | 19 10% | 14 9% | 18 12% | 12 7% | 28 8% |
| Don't know | 7 1% | 2 * | 6 2% | 1 * | 3 1% | 4 2% | - - | 1 1% | - - | 3 1% | 4 1% | 1 1% | - - | 1 * | 2 1% | 5 3% | - - | 2 * |

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Absolutes/col percents

Table 58

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

To do more with my skills

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|--------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|----|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 696 | 612 | 52 | 32 | 32 | 75 | 52 | 73 | 47 | 66 | 115 | 100 | 52 | 518 | 178 | 696 | - |
| Weighted base | 697 | 613 | 49 | 35 | 35 | 83 | 51 | 66 | 46 | 66 | 116 | 97 | 52 | 535 | 162 | 697 | - |
| Most important | 59 9% | 50 8% | 7 15% | 2 6% | 1 3% | 5 6% | 3 5% | 5 8% | 7 14% | 6 9% | 13 11% | 4 4% | 6 11% | 42 8% | 18 11% | 59 9% | - |
| 2nd most important | 96 14% | 83 14% | 8 16% | 6 16% | 8 23% | 11 13% | 9 18% | 5 8% | 9 20% | 5 8% | 14 12% | 14 15% | 6 12% | 76 14% | 20 12% | 96 14% | - |
| 3rd most important | 121 17% | 111 18% | 6 12% | 5 14% | 6 16% | 15 19% | 11 21% | 9 13% | 7 16% | 12 18% | 23 19% | 17 17% | 11 22% | 99 18% | 23 14% | 121 17% | - |
| NET: Top 3 | 277 40% | 243 40% | 21 43% | 13 36% | 15 42% | 32 38% | 23 44% | 20 30% | 23 50% | 24 36% | 49 42% | 35 36% | 23 45% | 217 41% | 60 37% | 277 40% | - |
| Not ranked top 3 | 348 50% | 311 51% | 18 37% | 19 53% | 19 52% | 39 47% | 27 52% | 38 58% | 18 38% | 37 57% | 56 48% | 52 53% | 27 51% | 276 52% | 72 45% | 348 50% | - |
| None of the above | 64 9% | 51 8% | 9 19% | 4 11% | 2 6% | 8 10% | 2 4% | 6 9% | 5 12% | 4 7% | 11 9% | 11 11% | 2 4% | 40 8% | 24 15% | 64 9% | - |
| Don't know | 7 1% | 7 1% | 1 1% | - | - | 4 5% | - | 2 4% | - | - | - | - | - | 2 * | 6 3% | 7 1% | - |

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Absolutes/col percents

Table 59

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

To be in a more creative role

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|--------------------|------------|------------|------------|-----------|------------|------------|-----------|-----------|-----------|------------|------------|-----------|--------------|------------|------------|------------|-------------------|--------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Pri- vate |
| Unweighted base | 696 | 344 | 352 | 127 | 225 | 149 | 128 | 56 | 11 | 352 | 277 | 67 | 214 | 194 | 141 | 147 | 155 | 363 |
| Weighted base | 697 | 351 | 346 | 133 | 211 | 160 | 122 | 60 | 11 | 344 | 282 | 70 | 203 | 192 | 149 | 153 | 165 | 369 |
| Most important | 31 4% | 18 5% | 13 4% | 10 7% | 6 3% | 11 7% | 4 3% | - - | - - | 16 5% | 15 5% | - - | 12 6% | 7 3% | 10 7% | 2 2% | 9 5% | 17 5% |
| 2nd most important | 52 7% | 26 8% | 26 7% | 7 5% | 13 6% | 15 9% | 15 12% | 2 4% | - - | 20 6% | 30 11% | 2 3% | 12 6% | 16 9% | 16 11% | 7 5% | 18 11% | 26 7% |
| 3rd most important | 51 7% | 27 8% | 25 7% | 11 8% | 15 7% | 10 6% | 5 4% | 8 14% | 1 8% | 27 8% | 16 6% | 9 13% | 13 7% | 16 8% | 7 5% | 15 10% | 16 10% | 24 7% |
| NET: Top 3 | 134 19% | 71 20% | 63 18% | 28 21% | 34 16% | 36 22% | 25 20% | 10 17% | 1 8% | 62 18% | 61 21% | 11 16% | 37 18% | 39 20% | 33 22% | 25 16% | 43 26% | 67 18% |
| Not ranked top 3 | 491 71% | 253 72% | 238 69% | 94 71% | 150 71% | 108 67% | 93 76% | 36 61% | 10 92% | 244 71% | 201 71% | 46 65% | 152 75% | 134 70% | 100 67% | 105 69% | 110 67% | 272 74% |
| None of the above | 64 9% | 25 7% | 39 11% | 10 8% | 24 11% | 13 8% | 4 4% | 13 21% | - - | 34 10% | 17 6% | 13 18% | 14 7% | 19 10% | 14 9% | 18 12% | 12 7% | 28 8% |
| Don't know | 7 1% | 2 * | 6 2% | 1 * | 3 1% | 4 2% | - - | 1 1% | - - | 3 1% | 4 1% | 1 1% | - - | 1 * | 2 1% | 5 3% | - - | 2 * |

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ONLINE Fieldwork: 11th-12th December 2019

Absolutes/col percents

Table 60

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

To be in a more creative role

| | Total | Region | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | | |
|--------------------|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|-------------|------------|---|------------|----|
| | | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 696 | 612 | 52 | 32 | 32 | 75 | 52 | 73 | 47 | 66 | 115 | 100 | 52 | 518 | 178 | 696 | - |
| Weighted base | 697 | 613 | 49 | 35 | 35 | 83 | 51 | 66 | 46 | 66 | 116 | 97 | 52 | 535 | 162 | 697 | - |
| Most important | 31 4% | 30 5% | 1 2% | - | * 1% | 3 3% | 5 9% | 4 6% | 2 4% | 3 5% | 8 7% | 2 2% | 3 5% | 25 5% | 5 3% | 31 4% | - |
| 2nd most important | 52 7% | 48 8% | 2 4% | 2 6% | 2 6% | 3 4% | 4 9% | 7 10% | 2 4% | 10 16% | 8 7% | 6 6% | 5 10% | 45 8% | 8 5% | 52 7% | - |
| 3rd most important | 51 7% | 43 7% | 7 14% | 1 4% | 2 5% | 3 3% | 2 4% | 7 10% | 2 5% | 3 4% | 16 14% | 4 4% | 5 10% | 40 8% | 11 7% | 51 7% | - |
| NET: Top 3 | 134 19% | 121 20% | 10 20% | 3 10% | 4 12% | 8 10% | 11 22% | 17 26% | 6 13% | 16 25% | 32 28% | 12 12% | 13 25% | 110 21% | 24 15% | 134 19% | - |
| Not ranked top 3 | 491 71% | 434 71% | 29 60% | 28 80% | 29 82% | 62 75% | 38 75% | 40 61% | 35 75% | 45 68% | 73 63% | 75 77% | 37 71% | 382 72% | 109 67% | 491 71% | - |
| None of the above | 64 9% | 51 8% | 9 19% | 4 11% | 2 6% | 8 10% | 2 4% | 6 9% | 5 12% | 4 7% | 11 9% | 11 11% | 2 4% | 40 8% | 24 15% | 64 9% | - |
| Don't know | 7 1% | 7 1% | 1 1% | - | - | 4 5% | - | 2 4% | - | - | - | - | - | 2 * | 6 3% | 7 1% | - |

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ONLINE Fieldwork: 11th-12th December 2019

Absolutes/col percents

Table 61

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

Looking for a new challenge

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|--------------------|--------|------|--------|-------|-------|-------|-------|-------|------|-------|-------|-----|--------------|-----|-----|-----|-------------------|---------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 696 | 344 | 352 | 127 | 225 | 149 | 128 | 56 | 11 | 352 | 277 | 67 | 214 | 194 | 141 | 147 | 155 | 363 |
| Weighted base | 697 | 351 | 346 | 133 | 211 | 160 | 122 | 60 | 11 | 344 | 282 | 70 | 203 | 192 | 149 | 153 | 165 | 369 |
| Most important | 108 | 60 | 48 | 23 | 28 | 21 | 19 | 11 | 6 | 51 | 40 | 17 | 37 | 22 | 20 | 29 | 30 | 51 |
| | 15% | 17% | 14% | 17% | 13% | 13% | 16% | 19% | 56% | 15% | 14% | 25% | 18% | 12% | 13% | 19% | 18% | 14% |
| 2nd most important | 125 | 66 | 59 | 25 | 34 | 21 | 29 | 14 | 2 | 59 | 51 | 16 | 41 | 43 | 16 | 25 | 28 | 73 |
| | 18% | 19% | 17% | 19% | 16% | 13% | 24% | 24% | 17% | 17% | 18% | 23% | 20% | 22% | 11% | 16% | 17% | 20% |
| 3rd most important | 111 | 59 | 52 | 17 | 28 | 32 | 23 | 8 | 3 | 45 | 55 | 11 | 27 | 33 | 27 | 24 | 33 | 52 |
| | 16% | 17% | 15% | 13% | 13% | 20% | 19% | 13% | 27% | 13% | 20% | 15% | 13% | 17% | 18% | 16% | 20% | 14% |
| NET: Top 3 | 344 | 185 | 159 | 64 | 90 | 74 | 72 | 33 | 11 | 154 | 146 | 44 | 105 | 98 | 63 | 78 | 91 | 176 |
| | 49% | 53% | 46% | 48% | 42% | 46% | 59% | 55% | 100% | 45% | 52% | 62% | 52% | 51% | 42% | 51% | 55% | 48% |
| Not ranked top 3 | 282 | 139 | 142 | 58 | 95 | 70 | 46 | 14 | - | 152 | 116 | 14 | 84 | 75 | 70 | 52 | 62 | 164 |
| | 40% | 40% | 41% | 43% | 45% | 43% | 38% | 23% | - | 44% | 41% | 19% | 41% | 39% | 47% | 34% | 37% | 44% |
| None of the above | 64 | 25 | 39 | 10 | 24 | 13 | 4 | 13 | - | 34 | 17 | 13 | 14 | 19 | 14 | 18 | 12 | 28 |
| | 9% | 7% | 11% | 8% | 11% | 8% | 4% | 21% | - | 10% | 6% | 18% | 7% | 10% | 9% | 12% | 7% | 8% |
| Don't know | 7 | 2 | 6 | 1 | 3 | 4 | - | 1 | - | 3 | 4 | 1 | - | 1 | 2 | 5 | - | 2 |
| | 1% | * | 2% | * | 1% | 2% | - | 1% | - | 1% | 1% | 1% | - | * | 1% | 3% | - | * |

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Absolutes/col percents

Table 62

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

Looking for a new challenge

| | Region | | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|--------------------|------------|--------------|-----------|-----------|------------|------------|------------------------|---------------|---------------|-----------|-----------|------------|------------|-------------|--------------|---|----|
| | Total | NET: England | Scotland | Wales | North East | North West | Yorkshire & Humberside | West Midlands | East Midlands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 696 | 612 | 52 | 32 | 32 | 75 | 52 | 73 | 47 | 66 | 115 | 100 | 52 | 518 | 178 | 696 | - |
| Weighted base | 697 | 613 | 49 | 35 | 35 | 83 | 51 | 66 | 46 | 66 | 116 | 97 | 52 | 535 | 162 | 697 | - |
| Most important | 108 15% | 98 16% | 8 16% | 2 5% | 10 29% | 14 17% | 7 15% | 8 12% | 10 22% | 10 16% | 10 8% | 22 22% | 7 14% | 81 15% | 27 17% | 108 15% | - |
| 2nd most important | 125 18% | 108 18% | 7 14% | 10 28% | 7 18% | 12 14% | 9 17% | 12 18% | 6 12% | 13 20% | 19 16% | 18 19% | 13 25% | 101 19% | 24 15% | 125 18% | - |
| 3rd most important | 111 16% | 104 17% | 3 6% | 4 10% | 7 19% | 11 14% | 11 21% | 14 21% | 7 16% | 13 20% | 15 13% | 17 17% | 10 19% | 85 16% | 26 16% | 111 16% | - |
| NET: Top 3 | 344 49% | 311 51% | 18 36% | 15 43% | 23 66% | 38 45% | 27 52% | 33 50% | 23 50% | 37 56% | 43 37% | 57 58% | 30 58% | 267 50% | 77 47% | 344 49% | - |
| Not ranked top 3 | 282 40% | 244 40% | 22 44% | 16 46% | 10 28% | 33 40% | 23 44% | 25 37% | 18 38% | 24 37% | 62 53% | 30 31% | 20 39% | 226 42% | 56 34% | 282 40% | - |
| None of the above | 64 9% | 51 8% | 9 19% | 4 11% | 2 6% | 8 10% | 2 4% | 6 9% | 5 12% | 4 7% | 11 9% | 11 11% | 2 4% | 40 8% | 24 15% | 64 9% | - |
| Don't know | 7 1% | 7 1% | 1 1% | - | - | 4 5% | - | 2 4% | - | - | - | - | - | 2 * | 6 3% | 7 1% | - |

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Absolutes/col percents

Table 63

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

To have more responsibility

| | Gender | | | Age | | | | | | | | | Social Grade | | | | Employment Sector | |
|--------------------|------------|------------|------------|-----------|------------|------------|-----------|-----------|------------|------------|------------|-----------|--------------|------------|------------|-----------|-------------------|------------|
| | Total | Male | Female | 18-24 | 25-34 | 35-44 | 45-54 | 55-64 | 65+ | 18-34 | 35-54 | 55+ | AB | C1 | C2 | DE | Public | Private |
| Unweighted base | 696 | 344 | 352 | 127 | 225 | 149 | 128 | 56 | 11 | 352 | 277 | 67 | 214 | 194 | 141 | 147 | 155 | 363 |
| Weighted base | 697 | 351 | 346 | 133 | 211 | 160 | 122 | 60 | 11 | 344 | 282 | 70 | 203 | 192 | 149 | 153 | 165 | 369 |
| Most important | 35 5% | 21 6% | 14 4% | 15 11% | 12 5% | 4 2% | 4 3% | - - | - - | 27 8% | 8 3% | - - | 10 5% | 7 4% | 5 3% | 13 9% | 15 9% | 9 2% |
| 2nd most important | 44 6% | 23 7% | 20 6% | 15 11% | 13 6% | 8 5% | 9 7% | - - | - - | 28 8% | 16 6% | - - | 22 11% | 4 2% | 12 8% | 6 4% | 14 8% | 22 6% |
| 3rd most important | 46 7% | 20 6% | 27 8% | 8 6% | 19 9% | 7 4% | 10 8% | 3 6% | - - | 26 8% | 17 6% | 3 5% | 14 7% | 14 7% | 7 5% | 11 7% | 7 4% | 30 8% |
| NET: Top 3 | 125 18% | 64 18% | 61 18% | 38 29% | 43 20% | 18 11% | 22 18% | 3 6% | - - | 81 24% | 41 14% | 3 5% | 46 22% | 25 13% | 24 16% | 30 20% | 35 21% | 61 17% |
| Not ranked top 3 | 501 72% | 260 74% | 240 69% | 84 63% | 142 67% | 125 78% | 96 78% | 43 72% | 11 100% | 226 66% | 221 78% | 54 77% | 144 71% | 148 77% | 109 73% | 99 65% | 118 71% | 278 75% |
| None of the above | 64 9% | 25 7% | 39 11% | 10 8% | 24 11% | 13 8% | 4 4% | 13 21% | - - | 34 10% | 17 6% | 13 18% | 14 7% | 19 10% | 14 9% | 18 12% | 12 7% | 28 8% |
| Don't know | 7 1% | 2 * | 6 2% | 1 * | 3 1% | 4 2% | - - | 1 1% | - - | 3 1% | 4 1% | 1 1% | - - | 1 * | 2 1% | 5 3% | - - | 2 * |

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Absolutes/col percents

Table 64

Q7. Which if the following, if any, are the most important motivations for you that made you consider looking for a new job in 2020?

Please rank maximum three motivations where 1 is most important, 2 is second most important and 3 is third most important.

Base: All respondents who are considering looking for a new job in 2020

To have more responsibility

| | Total | Region | | | | | | | | | | | | Work Status | | Considers looking for a new job in 2020 | |
|--------------------|------------|--------------|-----------|-----------|------------|------------|--------------------------|----------------|----------------|-----------|-----------|------------|------------|-------------|--------------|---|----|
| | | NET: England | Scot-land | Wales | North East | North West | York-shire & Humb-erside | West Mid-lands | East Mid-lands | East-ern | London | South East | South West | Work-ing | Not work-ing | Yes | No |
| Unweighted base | 696 | 612 | 52 | 32 | 32 | 75 | 52 | 73 | 47 | 66 | 115 | 100 | 52 | 518 | 178 | 696 | - |
| Weighted base | 697 | 613 | 49 | 35 | 35 | 83 | 51 | 66 | 46 | 66 | 116 | 97 | 52 | 535 | 162 | 697 | - |
| Most important | 35 5% | 35 6% | - | - | 4 12% | 3 3% | 4 9% | 3 4% | 1 2% | 2 4% | 14 12% | 3 3% | - | 24 4% | 11 7% | 35 5% | - |
| 2nd most important | 44 6% | 39 6% | 2 3% | 3 8% | - | 7 8% | 4 8% | 4 6% | 2 3% | 6 8% | 10 8% | 4 4% | 4 7% | 35 7% | 8 5% | 44 6% | - |
| 3rd most important | 46 7% | 41 7% | 6 12% | - | 6 17% | 4 5% | 3 6% | 3 5% | 1 3% | 1 2% | 12 10% | 7 7% | 2 5% | 37 7% | 9 6% | 46 7% | - |
| NET: Top 3 | 125 18% | 115 19% | 7 15% | 3 8% | 10 29% | 14 17% | 12 23% | 10 16% | 4 8% | 9 14% | 36 31% | 14 14% | 6 11% | 96 18% | 28 18% | 125 18% | - |
| Not ranked top 3 | 501 72% | 440 72% | 32 65% | 29 82% | 23 65% | 57 68% | 37 73% | 47 72% | 37 80% | 52 80% | 69 60% | 73 75% | 44 85% | 396 74% | 104 64% | 501 72% | - |
| None of the above | 64 9% | 51 8% | 9 19% | 4 11% | 2 6% | 8 10% | 2 4% | 6 9% | 5 12% | 4 7% | 11 9% | 11 11% | 2 4% | 40 8% | 24 15% | 64 9% | - |
| Don't know | 7 1% | 7 1% | 1 1% | - | - | 4 5% | - | 2 4% | - | - | - | - | - | 2 * | 6 3% | 7 1% | - |